

# Variable Stars: Action in the Sky!

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# Outline

- Variable stars: history/introduction
- Types of variable stars
- Methods of observation
- Data mining and analysis
- The power of visual observations
- My current research projects

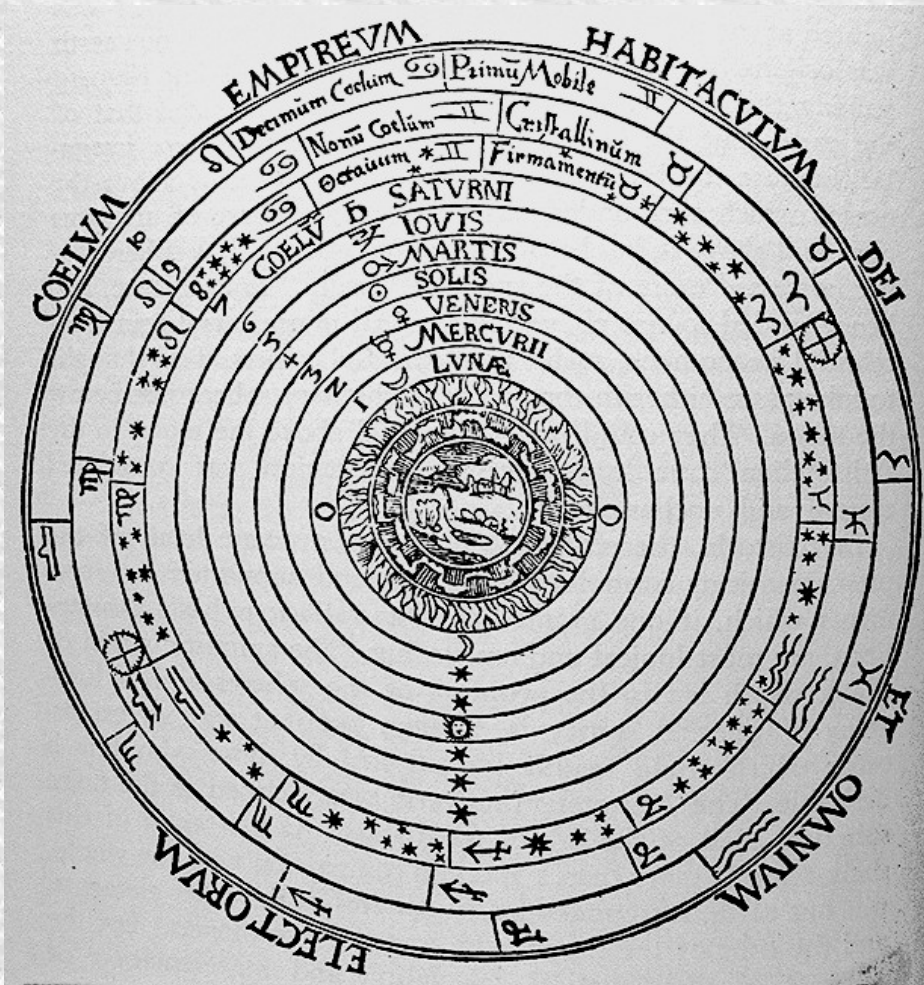
# Why It Matters

Almost all stars (including the sun) are variable at some level

Variable stars provide unique and important information about the nature and evolution of the stars

They are “action in the sky”

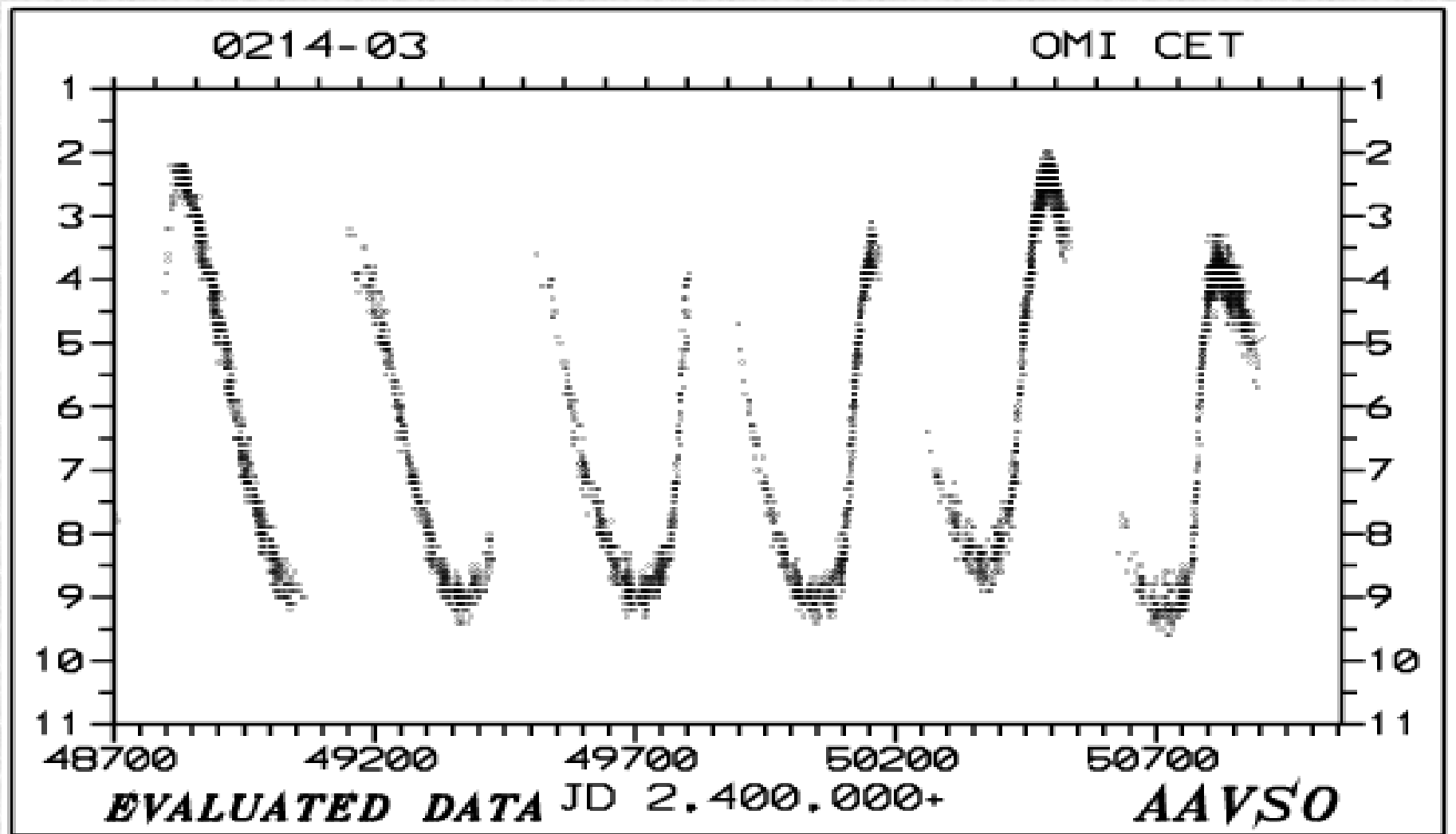
# Aristotle's Universe



- Earth at the centre, made of “base elements” -- earth, water, air, fire
- Stars were made of “quintessence” which was perfect and **unchanging**

# Variable Stars – Stars that Vary

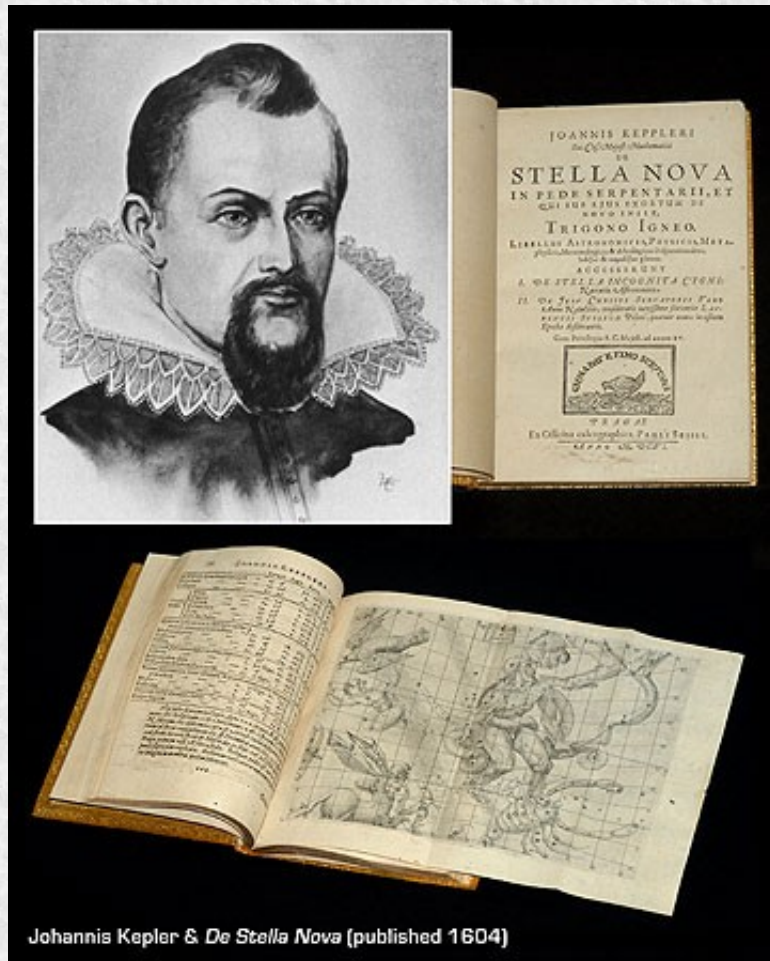
Below: the light curve (magnitude versus time) of Mira;  
this may have spurred the Copernican revolution (1596)



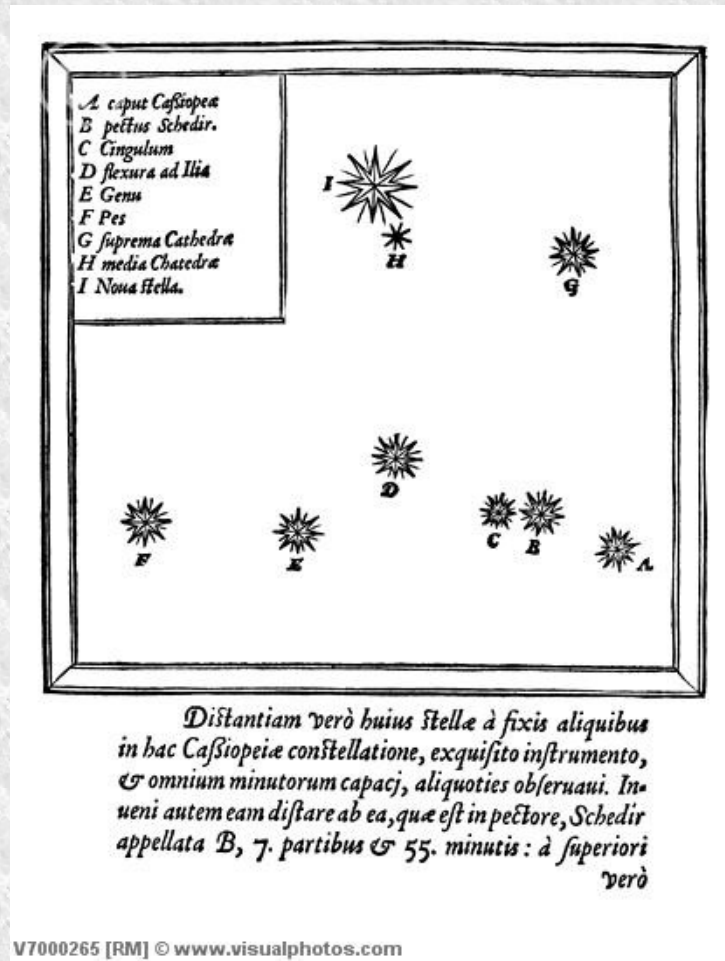


# Historical Supernovae

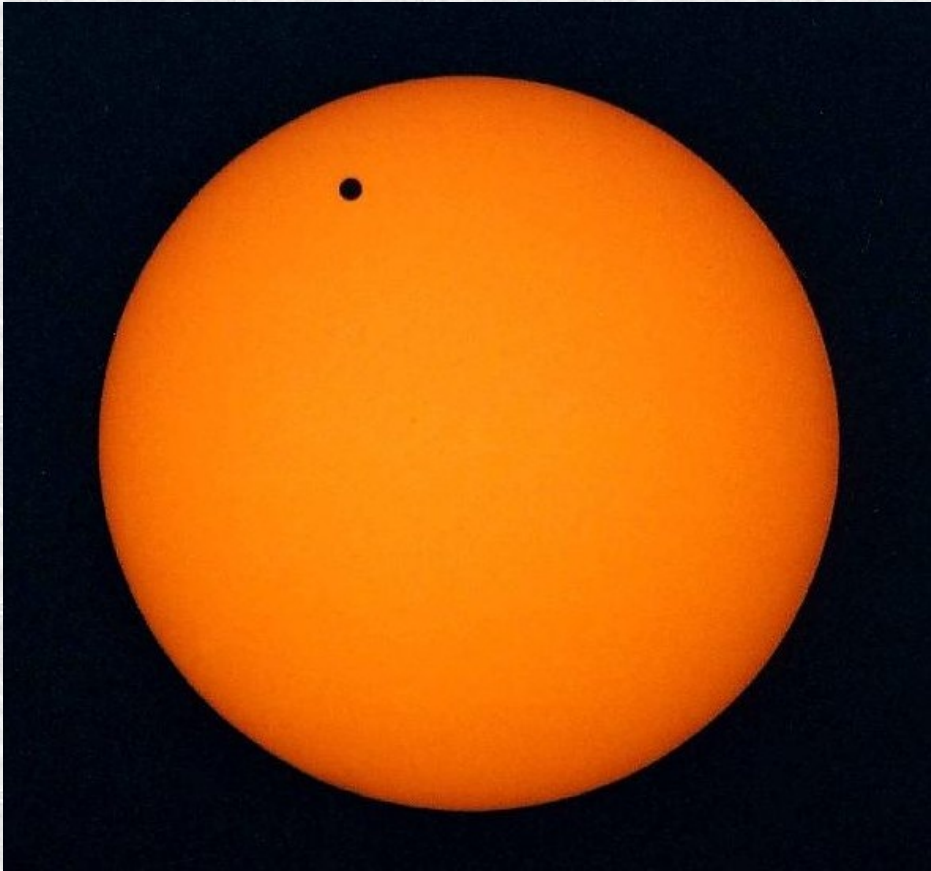
Tycho's (1572) and Kepler's (1604) supernovae *certainly* helped overcome Aristotle's cosmology



Johannis Kepler & De Stella Nova (published 1604)



# The Sun as a Variable Star



- The sun is a ...
- ...pulsating variable star (helioseismology)
- ... flare star
- ... “eclipsing variable star” (left: transit of Venus)
- ... rotating variable star

# AAVSO

## American Association of Variable Star Observers



- Founded 1911; centennial in 2011
- Most significant organization through which skilled amateurs can contribute to research: “citizen astronomy”
- Website [www.aavso.org](http://www.aavso.org) contains a wealth of data and resources



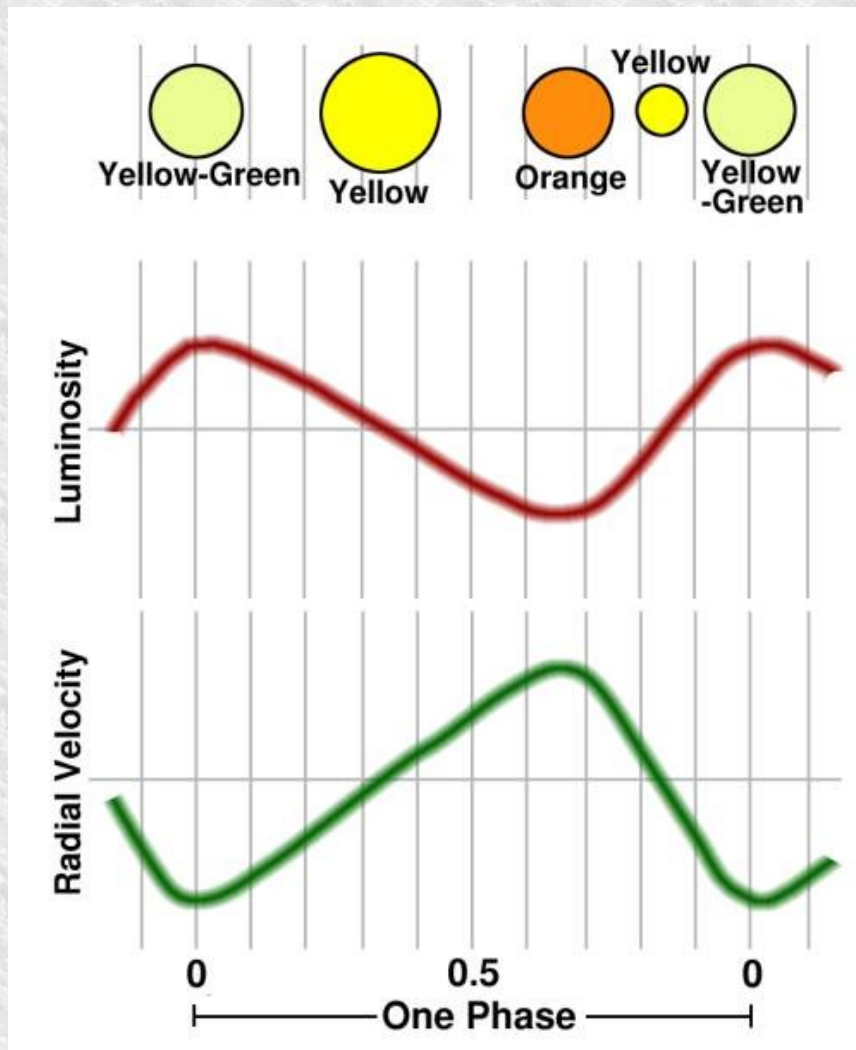
# AAVSO Data Are Used For ...

- Real-time, up-to-date information on unusual stellar activity
- Scheduling and coordinating variable star observing programs
- Simultaneous optical observations of program stars during ground-based or space observing programs
- Correlation of AAVSO optical data with data from other techniques or wavelengths
- Collaborative statistical analysis of stellar behaviour

# Types of Variable Stars or Why Stars Are Variable

# Pulsating Variable Stars

expand and contract rhythmically



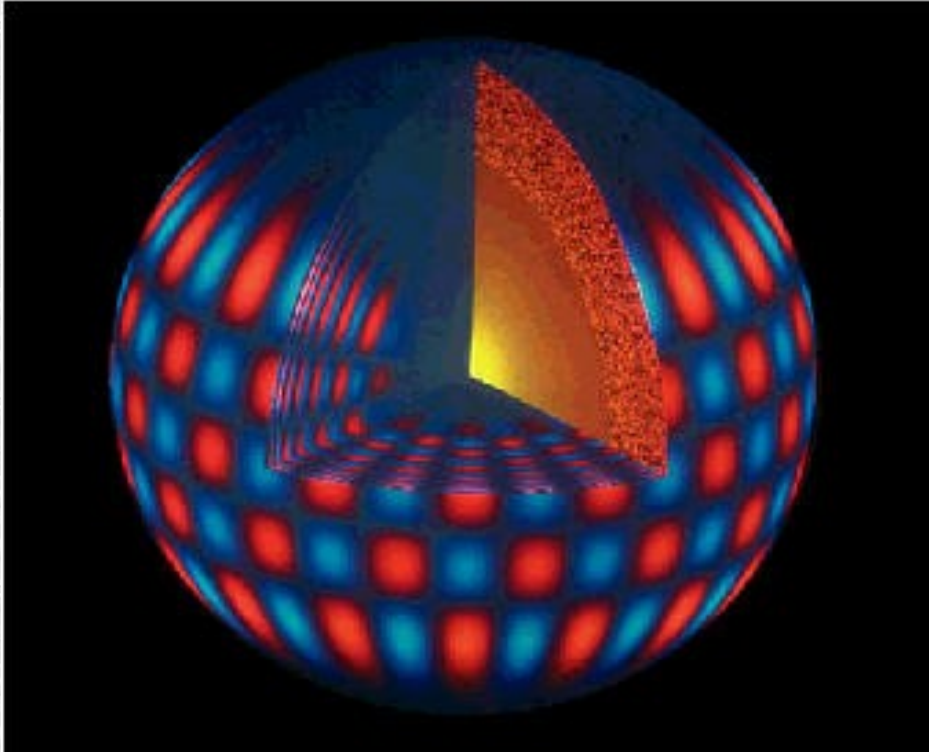
- Periods range from seconds (white dwarfs) to years (supergiants)
- Period  $\rightarrow$  luminosity; the Leavitt Law
- Multiple periods  $\rightarrow$  mass and interior structure; asteroseismology
- Period changes  $\rightarrow$  rate of evolution; other processes

# Why Do Stars Pulsate?

- Most large-amplitude pulsators like Cepheids: due to hydrogen and helium ionization zones, which thermodynamically drive the pulsation – like a car engine.
- Sun and orange and red giants: stochastic excitation of the pulsation by the random convective motions in the outer layers of the star.



# Helioseismology



One of thousands of pulsation modes in the sun.

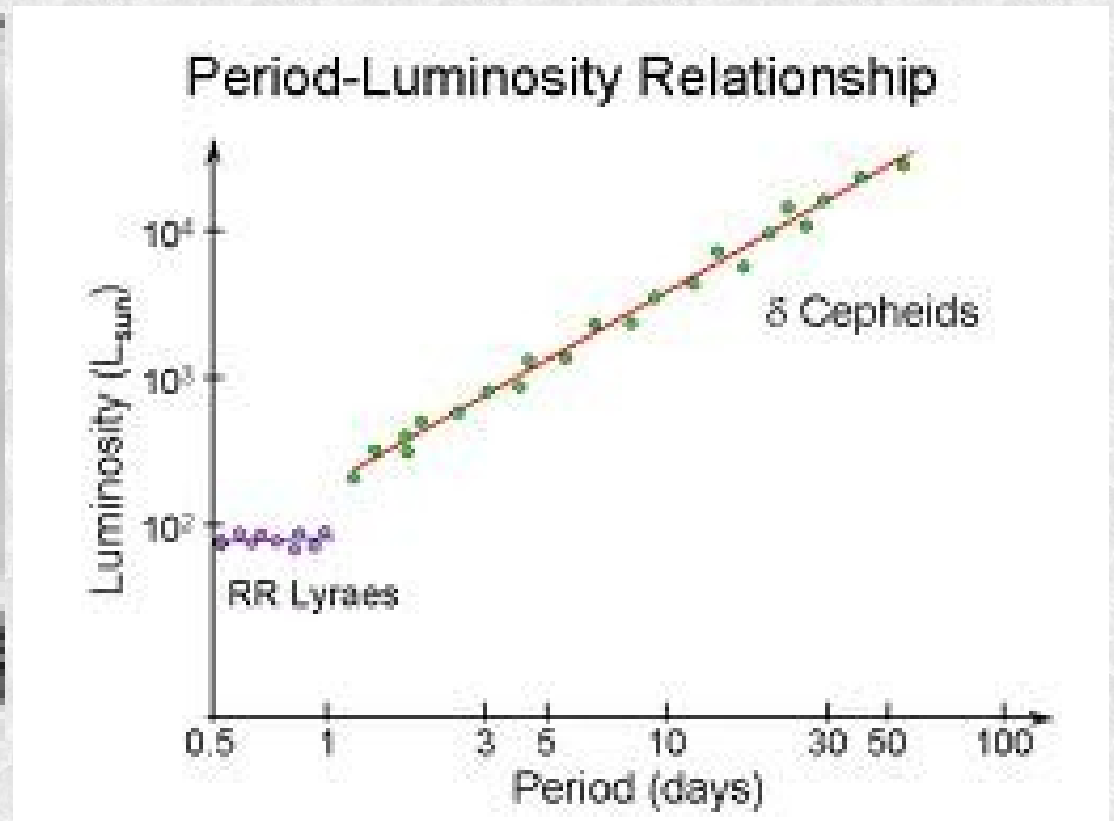
- The sun is pulsating in thousands of low-amplitude non-radial modes, stochastically excited by convection
- It takes specialized equipment to detect and measure them

# The Leavitt Law for Cepheids

the period-luminosity relation



Henrietta Leavitt (1868-1921)



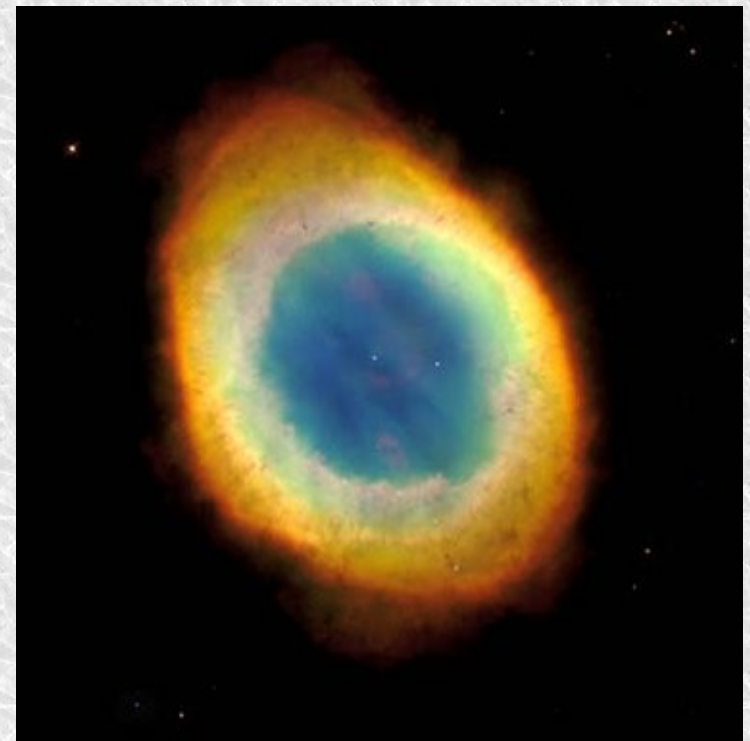
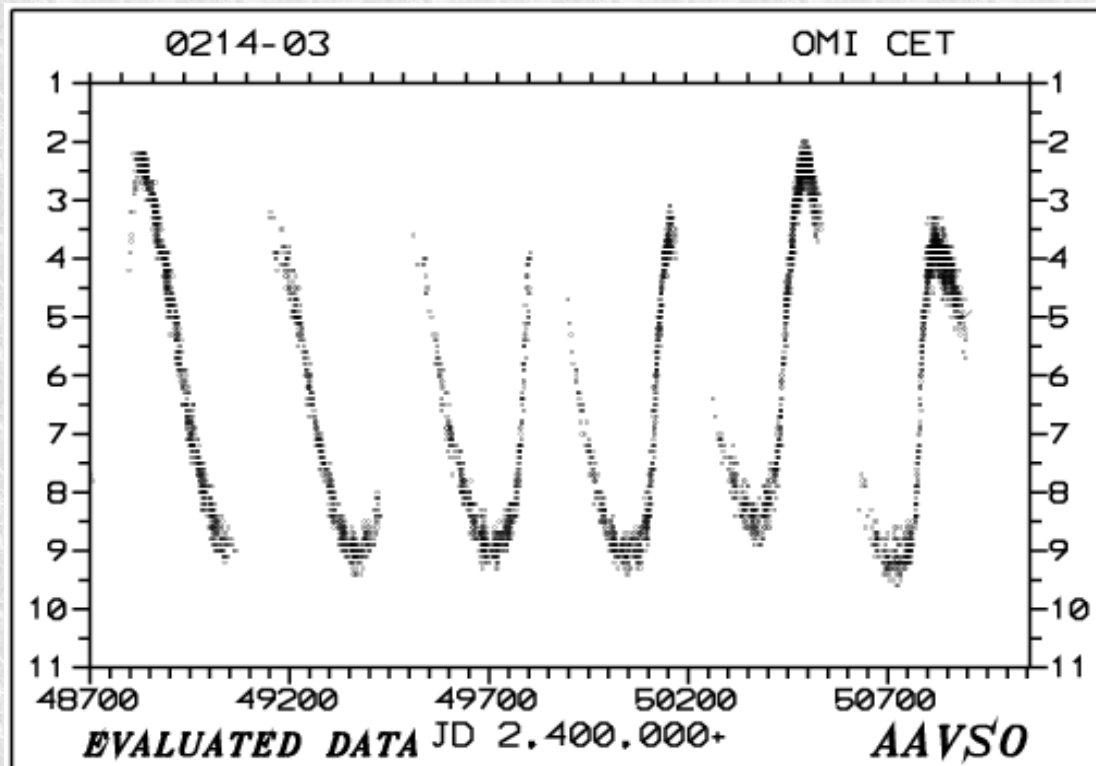
# Polaris: An Unusual Cepheid



- Cepheid pulsating variable; period 3.9696 days
- Period slowly increasing; enables us to measure the star's evolution
- Amplitude has decreased to near-zero
- Is it brightening over the centuries?

# Pulsation and Mass Loss

Sun-like stars, at the ends of their lives, swell to become **red giants**, begin to **pulsate**, eventually become **Mira stars**. The pulsation drives off the outer half of the star, leaving a **planetary nebula** and a **white dwarf** core



NASA



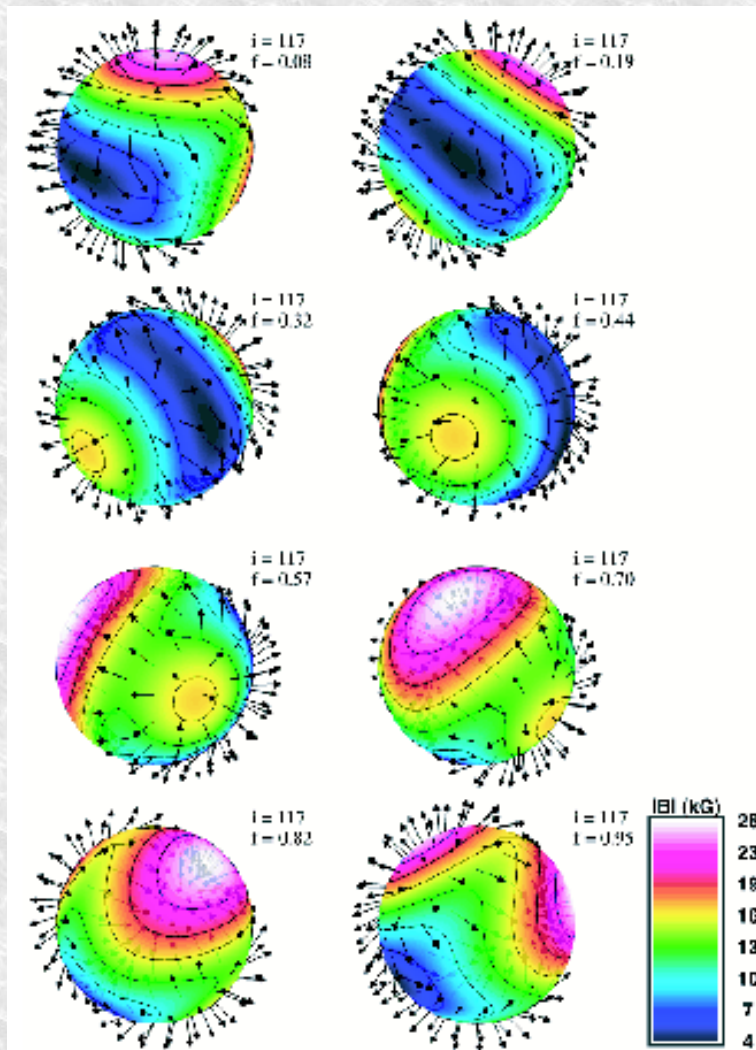
# Rotating Variable Stars



NASA

- Rotating stars (axis not pointed at us) with non-uniform surfaces; small amplitudes
- Variability period is the **rotation period**
- (1) Sun-like stars with spots
- (2) “Peculiar A stars” with strong global magnetic fields

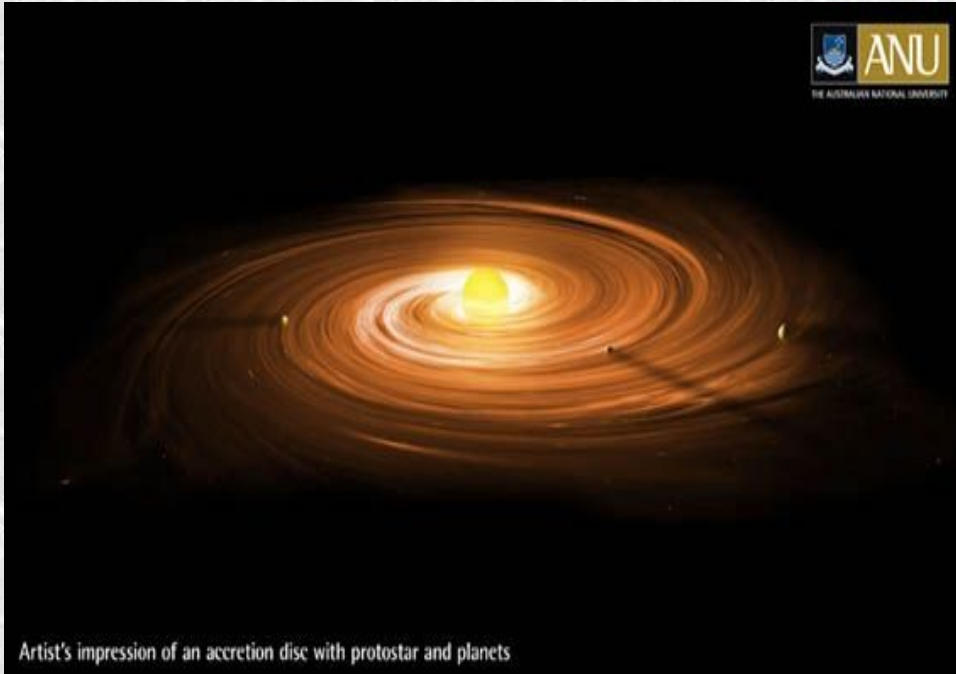
# Peculiar/Magnetic A Stars



- Global magnetic fields of up to 20 KGauss!
- Brightness is slightly variable
- Spectra are bizarre and *highly* variable! Why?
- Variability period is rotation period

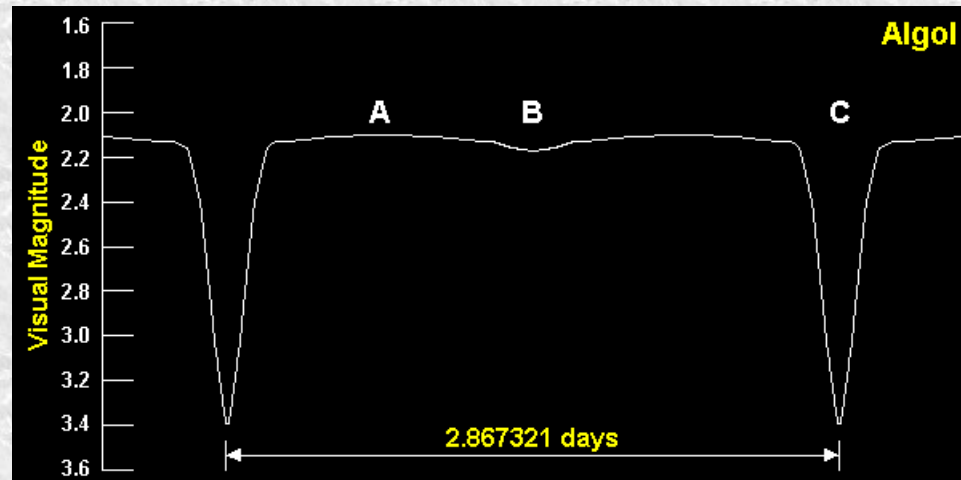
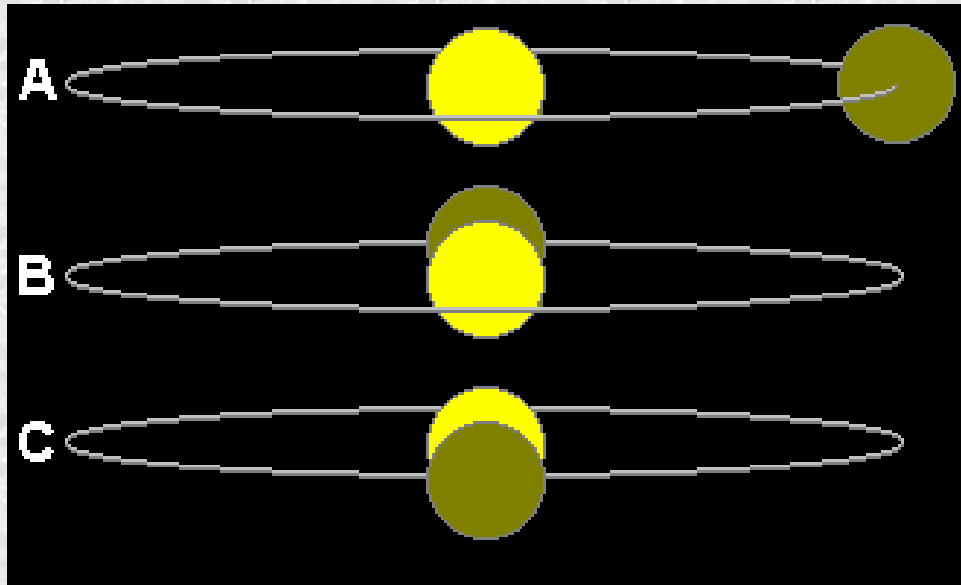
# Pre-Main Sequence Variables

## T Tauri Stars and their Relatives



- Sun-like stars in the last stages of formation
- Star undergoes rotational variability
- Large, irregular variations due to variable accretion from the disc
- Also variability due to absorption by disc

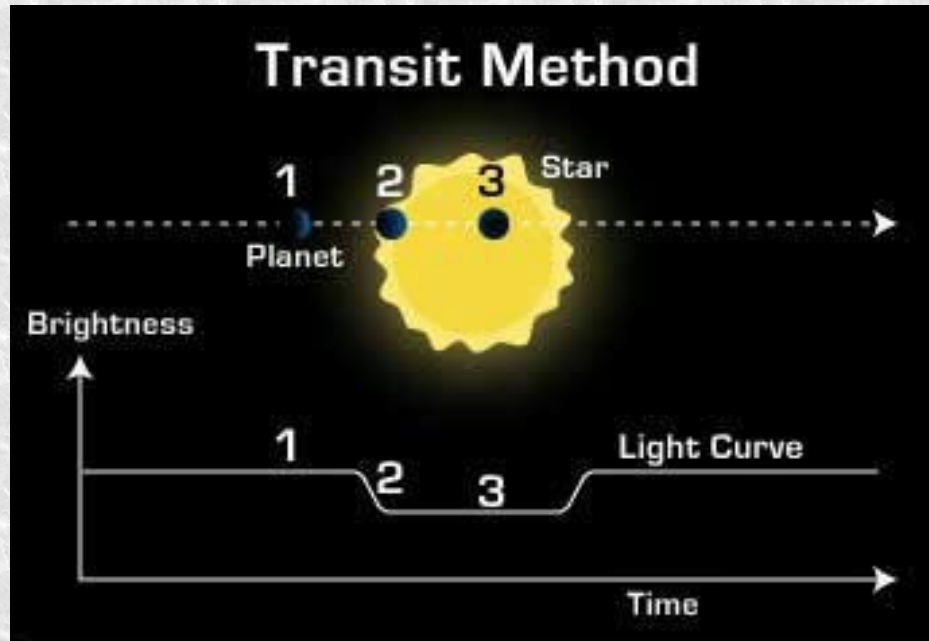
# Eclipsing (Binary) Variable Stars



- Period and light curve (plus spectroscopic observations) → mass, radius, luminosity
- Period changes → mass transfer or loss; these can be measured by timing eclipses accurately

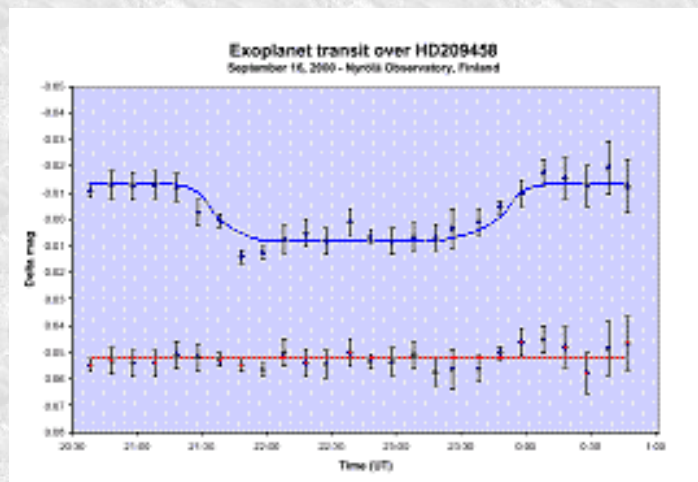


# Exoplanet Transits



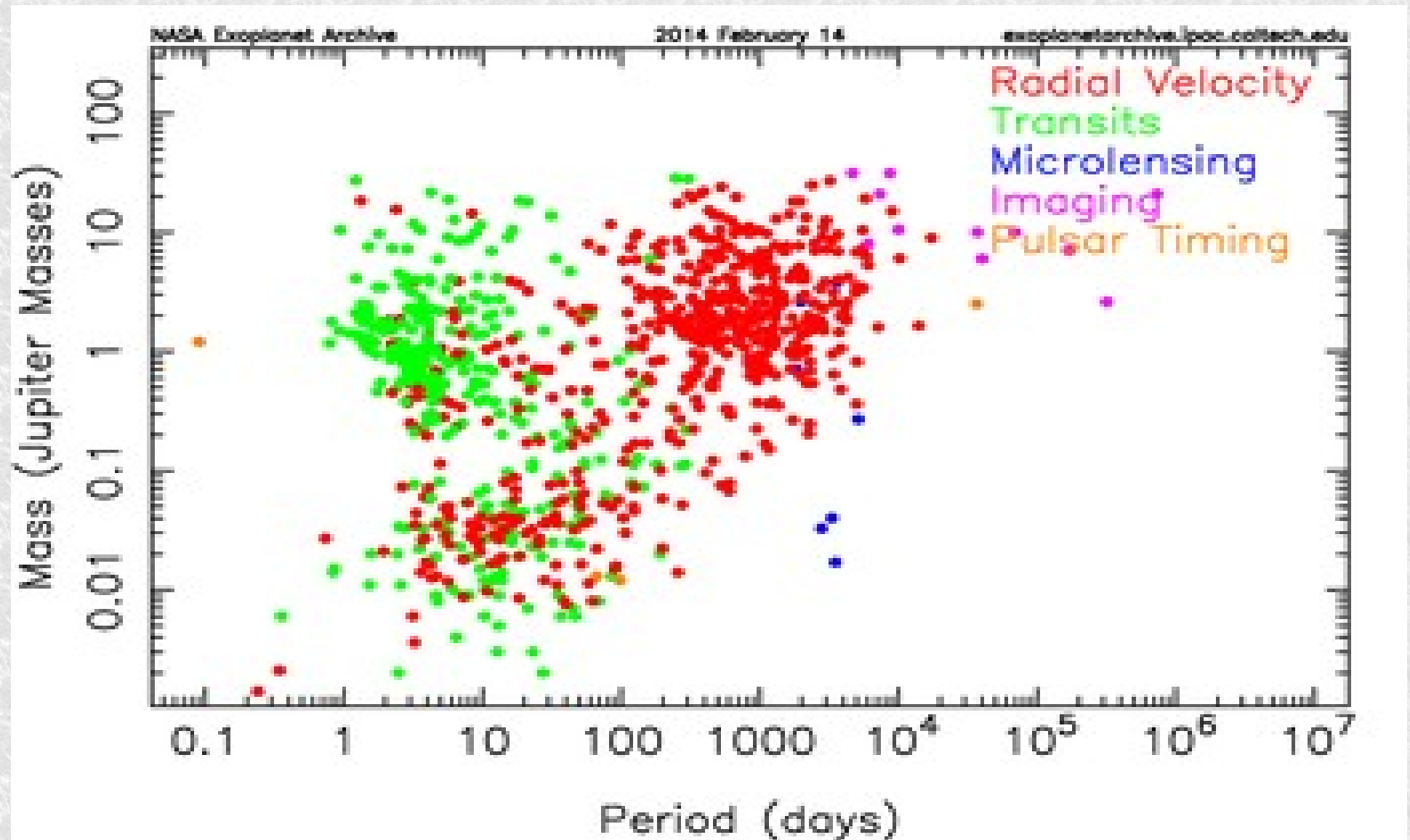
NASA

- Transit dims the star by  $\leq$  few percent
- Transit light curve  $\rightarrow$  period, **radius** of exoplanet (and **mass** and **density** if spectroscopic observations are also available)
- Multicolour light curves  $\rightarrow$  **atmosphere**

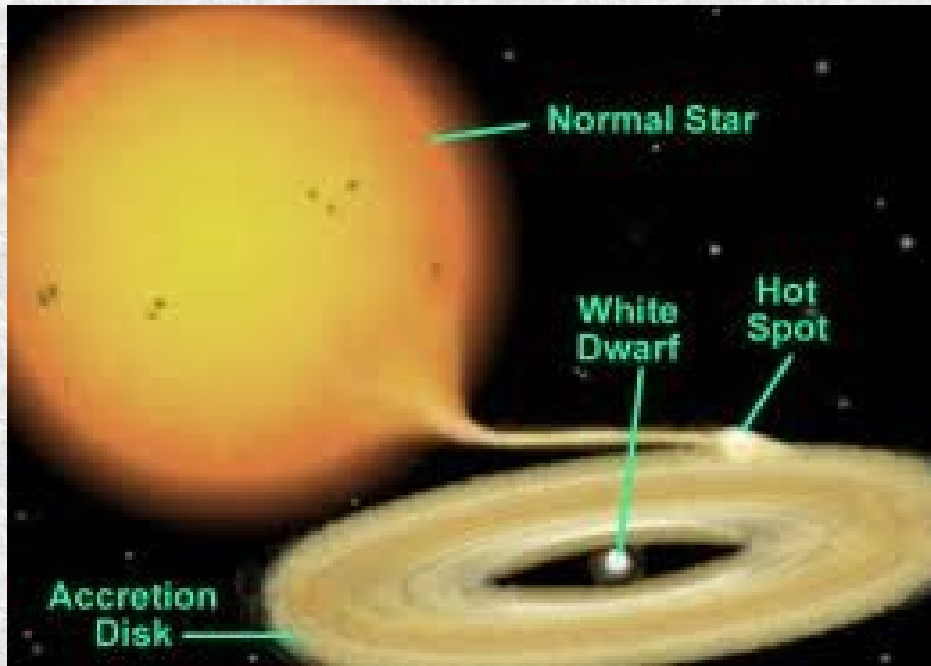


AAVSO

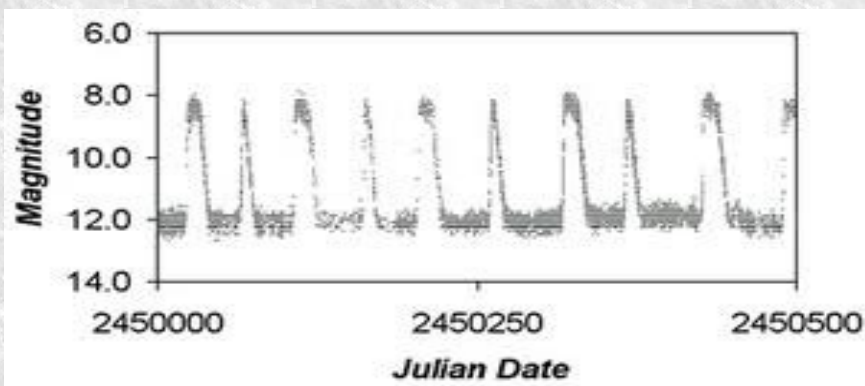
# Exoplanet Statistics



# Erupting (Cataclysmic) Variable Stars



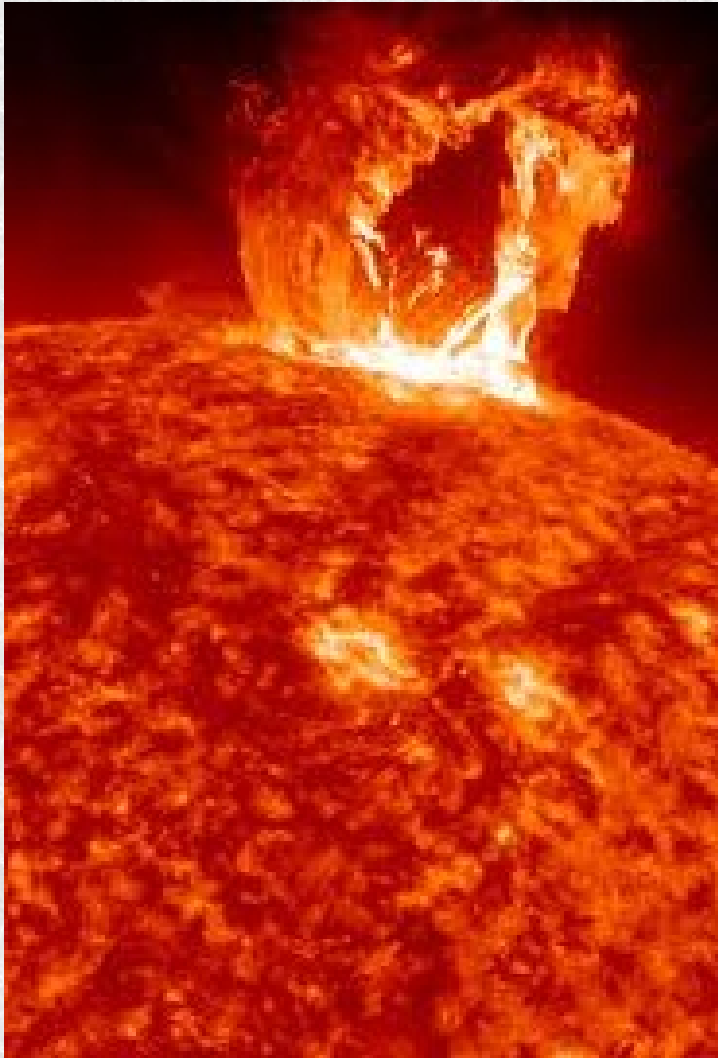
NASA



SS Cyg: AAVSO

- **Flickering** from hot spot
- **Dwarf nova** outburst from collapse of accretion disc
- **Nova** from runaway thermonuclear fusion on the surface of the white dwarf
- **Supernova** from detonation of the white dwarf if its mass exceeds 1.44 suns

# Flare Stars

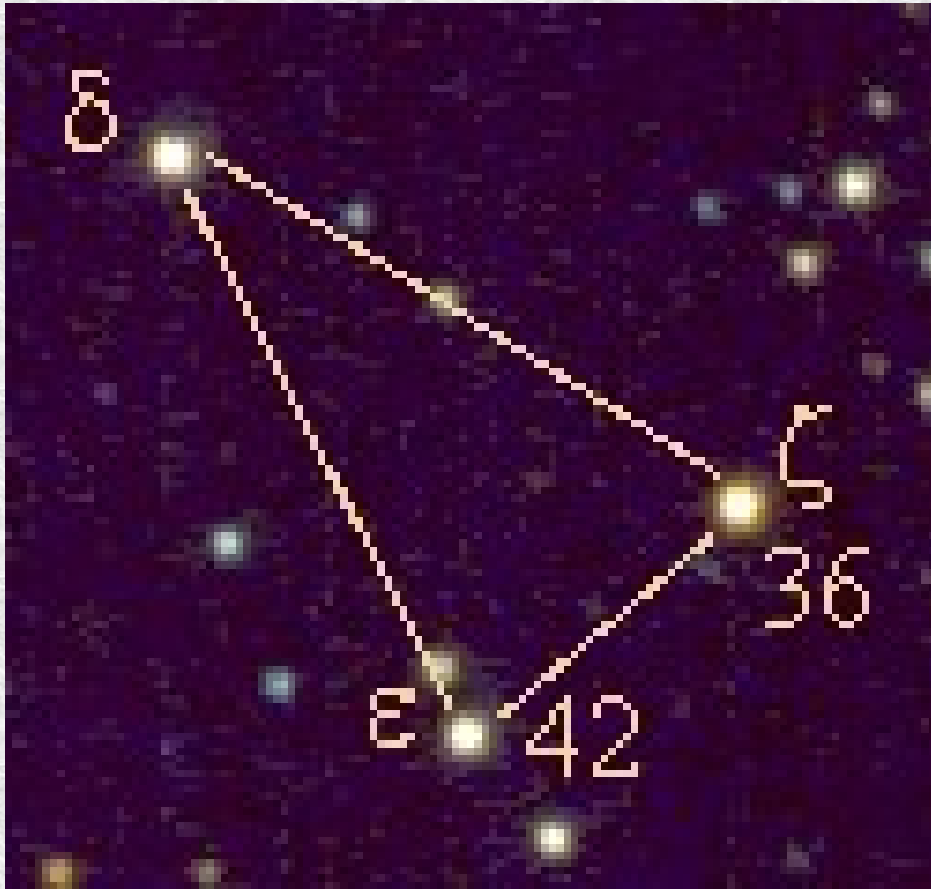


- Sudden release of energy, due to short-circuit of the magnetic field
- Ultimately caused by rotation
- Almost all red dwarfs – the most common stars in the universe – are flare stars



# Methods of Observation

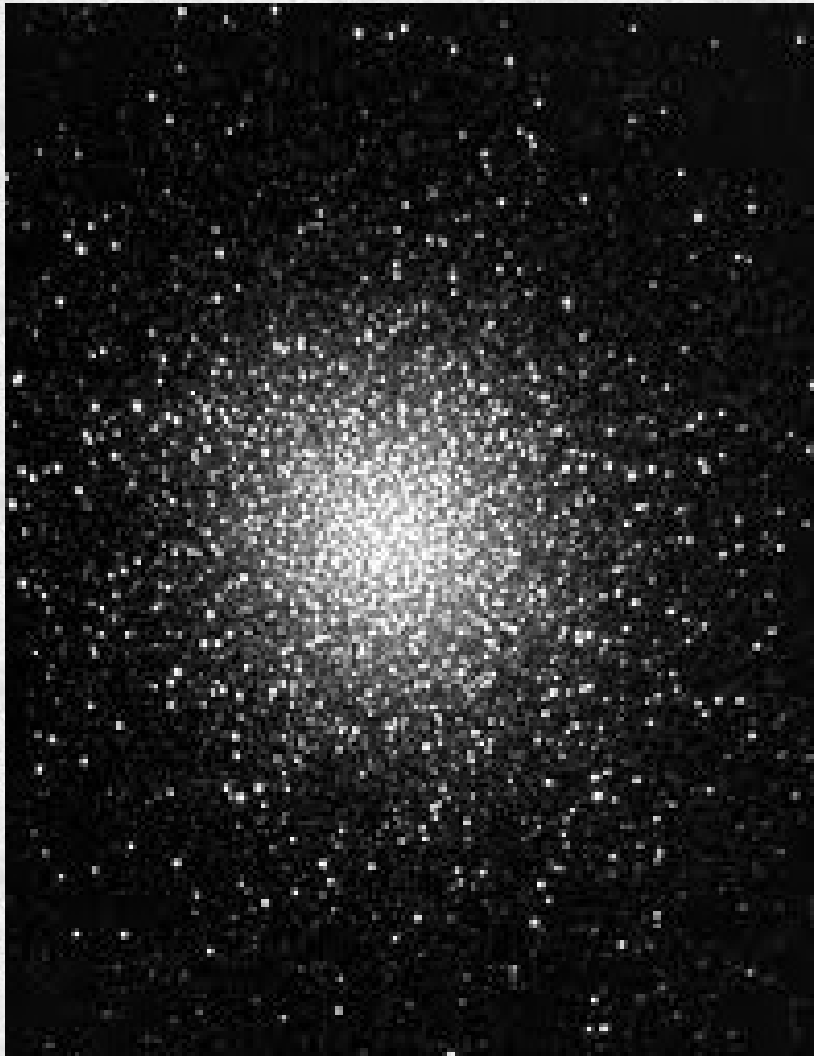
# Visual Observation



Delta Cephei

- Simple
- Quick
- ... but prone to some low-amplitude spurious effects
- And accuracy is only 0.15-0.30 mag
- But still useful!

# Photographic Observation



Kitt Peak National Observatory

- Permanent; objective
- Panoramic
- Time exposure possible
- Sensitivity about 0.01; emulsions are very inefficient!
- Accuracy 0.02-0.10 mag, depending ....

# Photoelectric Photometry (PEP)

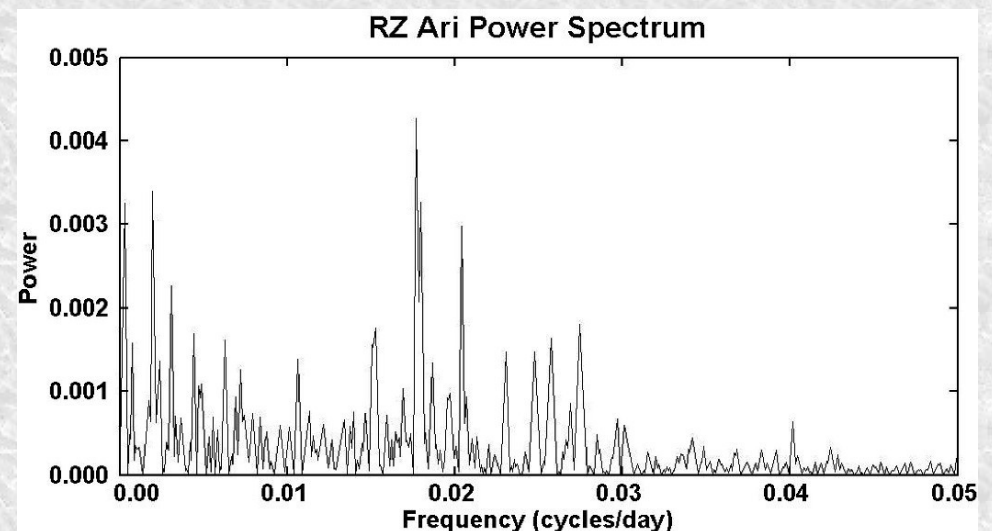
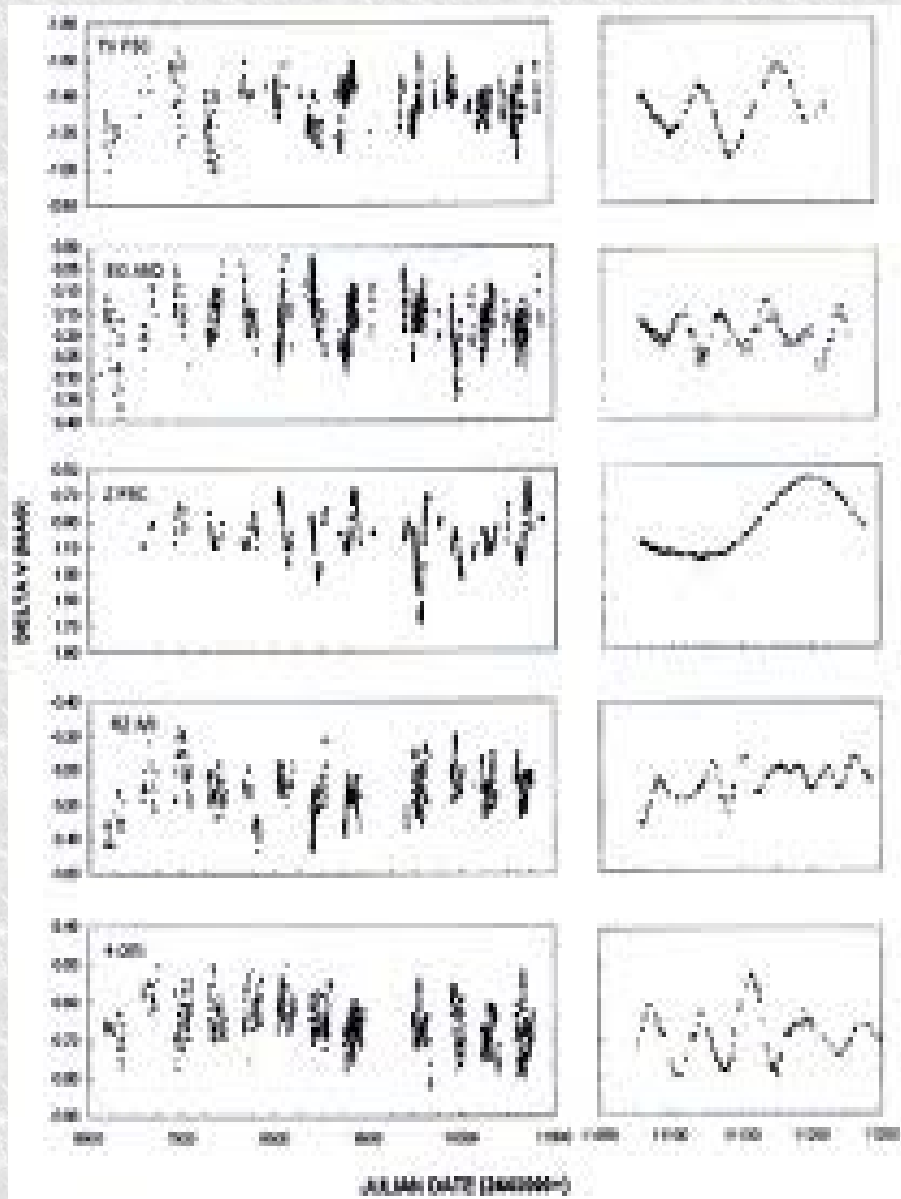


Optec SSP3 photometer

- Based on photoelectric effect: photomultiplier tube, or photodiode
- Developed around 1910 but amateur PEP blossomed after 1980
- Star-by-star observation
- Accuracy 0.005-0.02 mag
- Especially good for brighter stars

# An Example of PEP Research

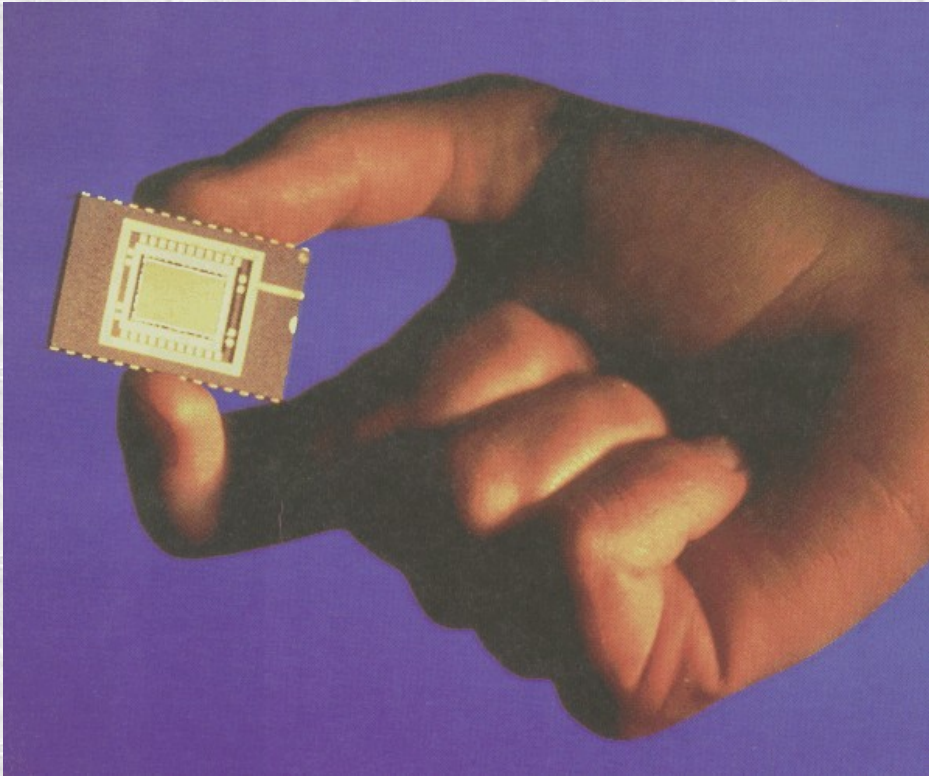
- **Light curves** of 5 small-amplitude pulsating red giants, showing short- and long-term variability
- Below: **power spectrum**, showing short- and long-term periods





# CCD Photometry

## Charge-Coupled Device



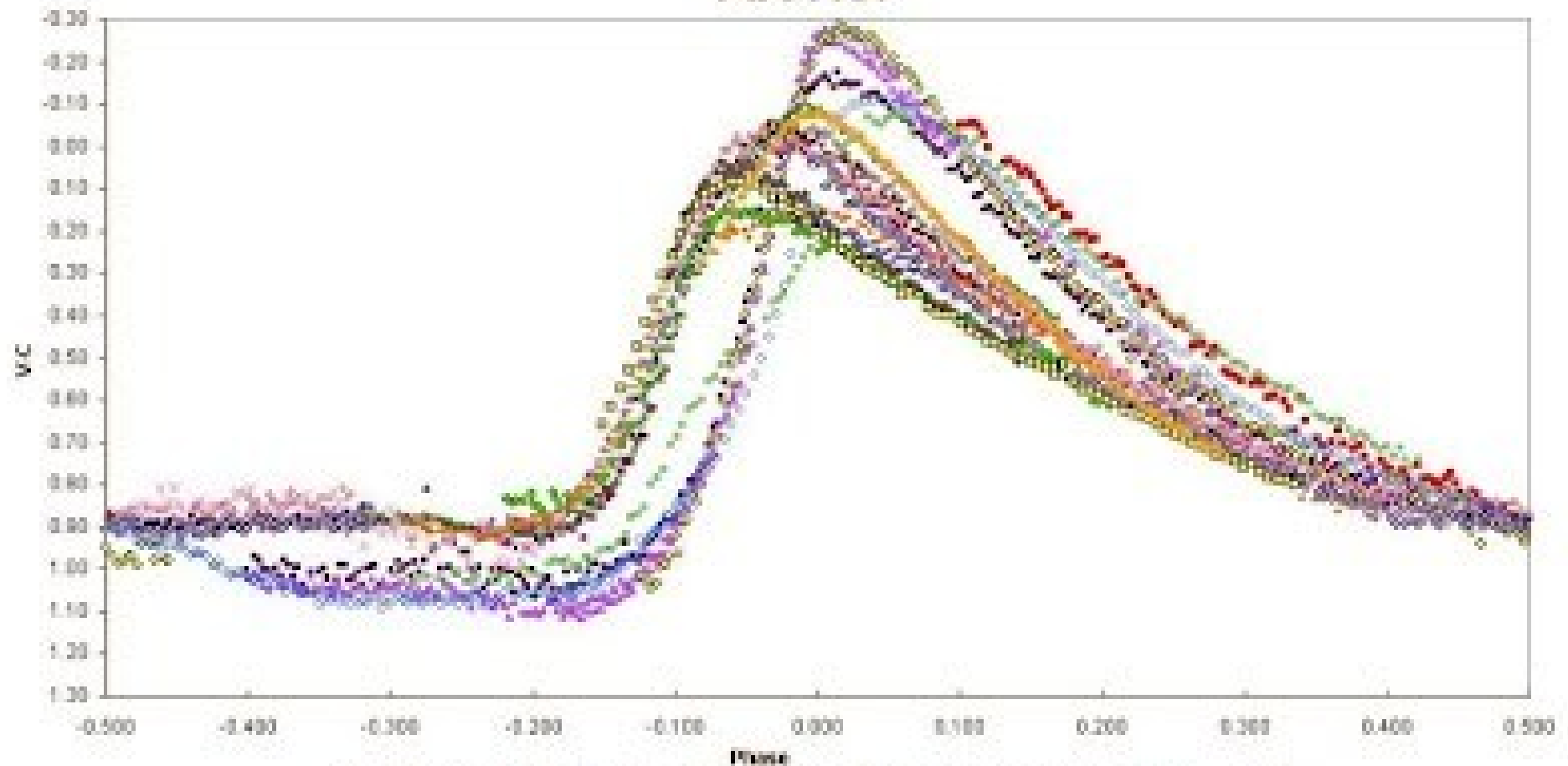
Smithsonian Astrophysical Observatory

- Digital; panoramic
- Co-developed by Canadian, Willard Boyle (Nobel Laureate)
- Sensitivity close to 100%
- Accuracy 0.005-0.02
- Not so good for brighter stars

# An Example of CCD Research

time series:variable maxima of RR Lyrae stars

## AR Her

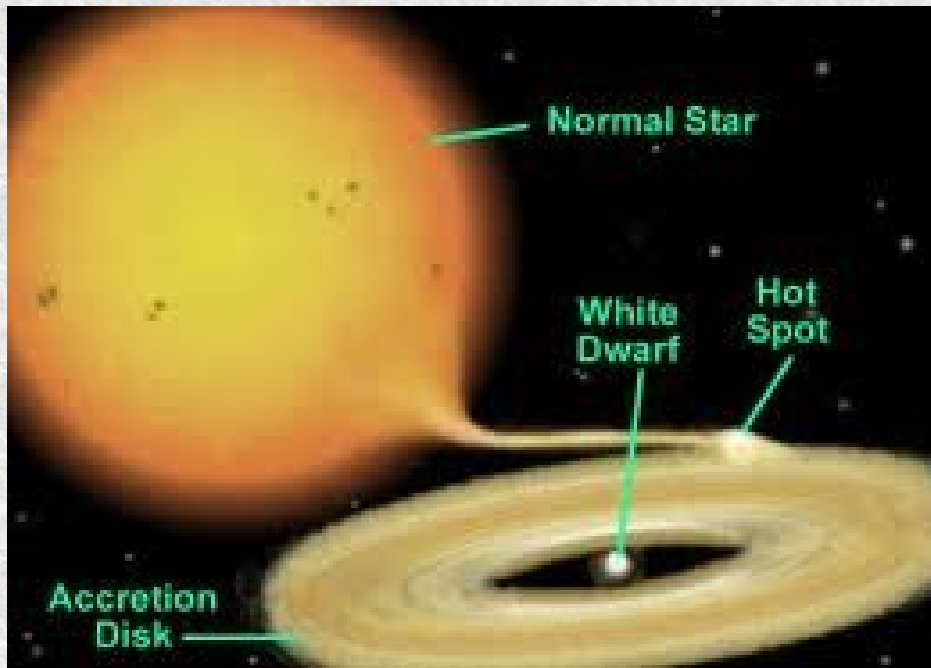


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• 54231 • 54233 • 54236 • 54242 • 54248 • 54250 • 54243 • 54245 • 54276 • 54300

Observations by G. Samsolyk

# Other CCD Photometry Projects

see JAAVSO and [www.aavso.org/aavso-print](http://www.aavso.org/aavso-print)



NASA

- Photometric monitoring of various aspects of cataclysmic variables: at quiescence (flickering, pulsation) and in dwarf nova, nova, and supernova eruption
- And short-period pulsators

# Variable Star Data Mining and Analysis

- There are data on the AAVSO website, and many other places, which have not been fully analyzed
- There is a variety of **time-series analysis** software on the AAVSO website
- Also: useful instructions, tutorials, examples of research papers by amateurs and students
- Personal advice by AAVSO staff and members

# Period Analysis

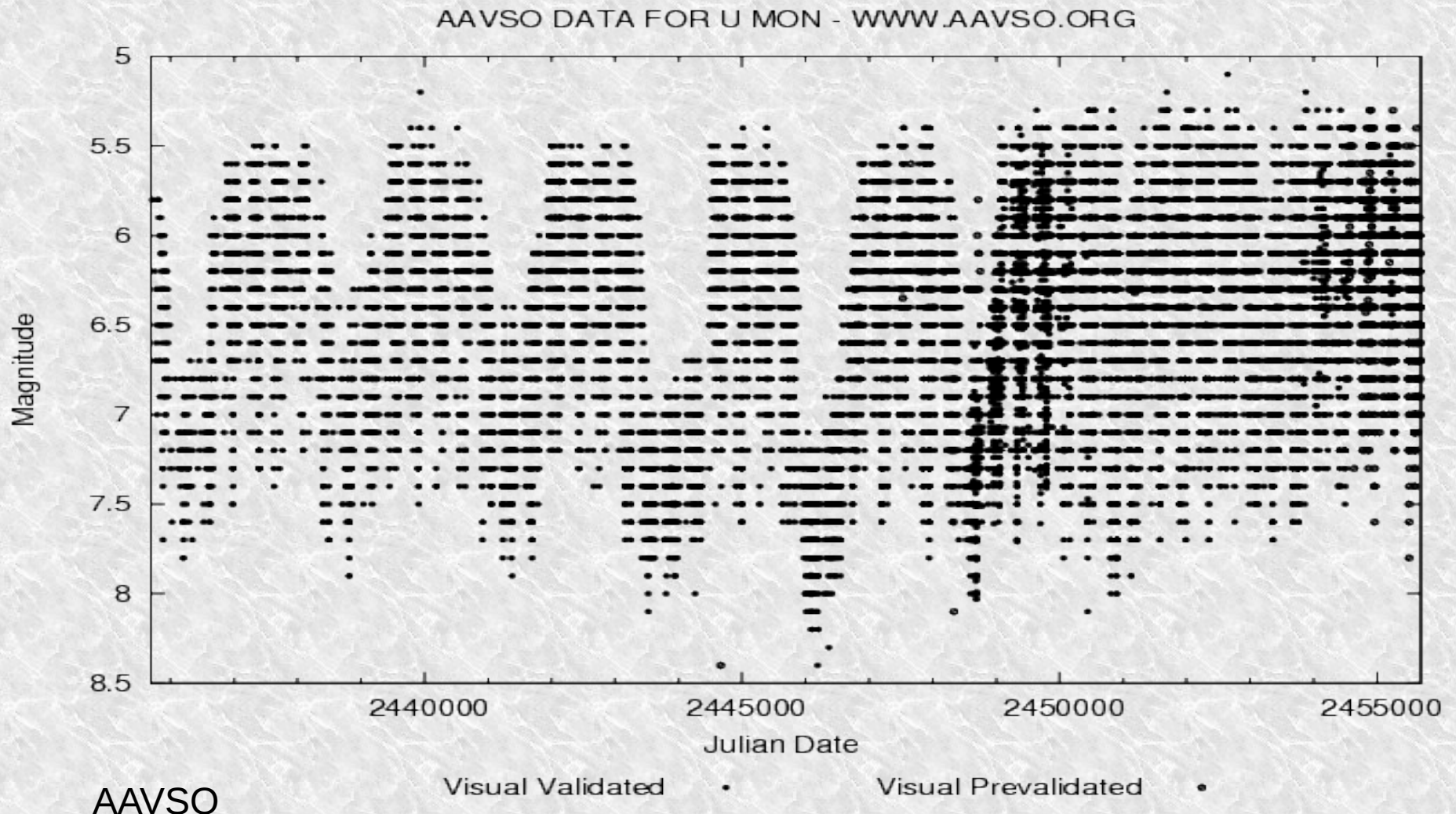
- Light curve: always the best place to start
- Fourier Analysis: determines periods present, and their average amplitudes
- Wavelet Analysis: gives change of period and amplitude with time.
- O-C Analysis: precision analysis of period changes over time



# Visual observations of variable stars in modern astrophysics

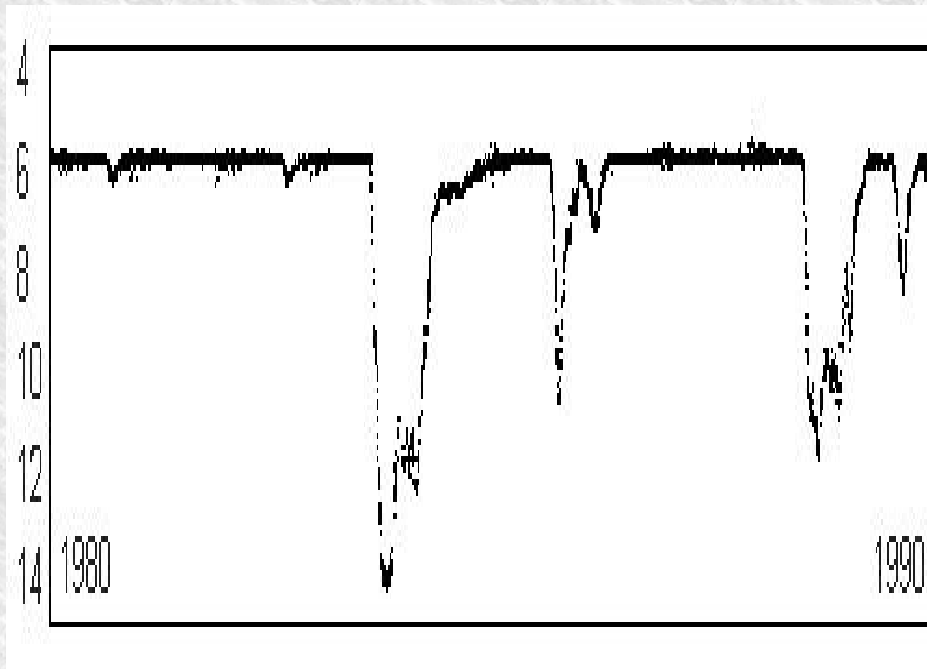
# Long-Term Light Curve of U Mon

AAVSO visual data: numerous, sustained, standardized  
20,000 days of observations of U Mon, an RV Tauri star



# Timing Significant Events:

## 1. Unpredictable: Fadings of R CrB Stars

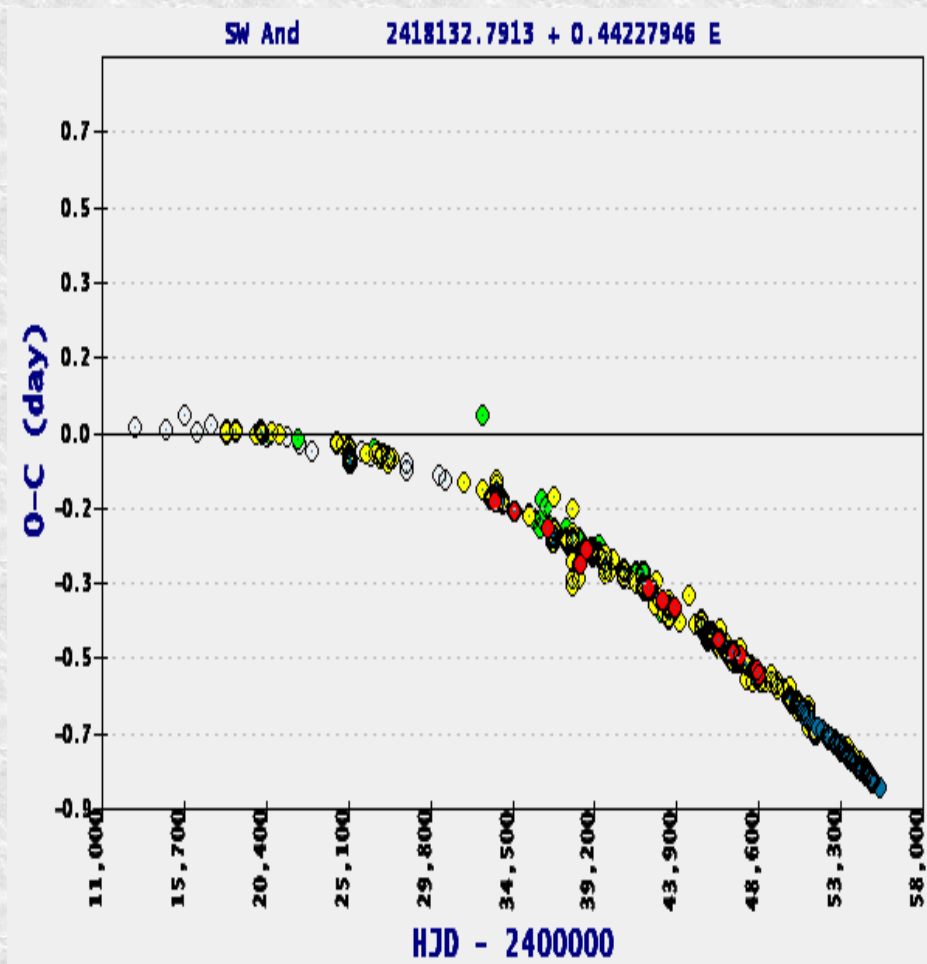


AAVSO

- Fadings are caused by ejected, obscuring, carbon-rich dust clouds
- Many (most? all?) RCrB stars are pulsating
- Are the fadings random, or tied to a period e.g. of pulsation?

# Timing Significant Events

## 2. Semi-Predictable: Maxima of RR Lyrae Stars

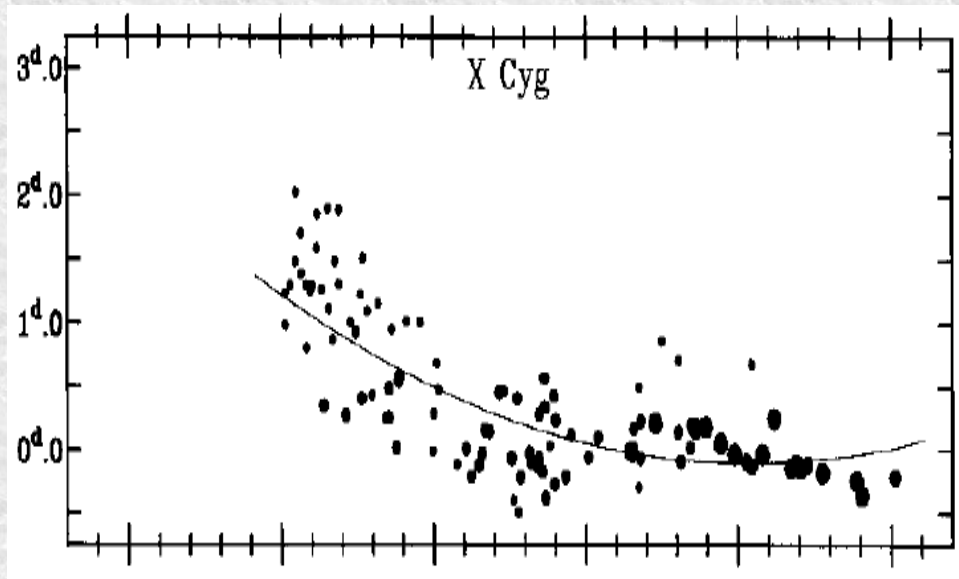


GEOS RR Lyrae database

- RR Lyrae:  
helium-burning  
horizontal-branch  
pulsating (0.3-0.6 day)  
stars
- Parabolic (O-C)  
diagrams reveal period  
changes, presumably  
due to evolution; can be  
compared with models
- But some (O-C)  
diagrams are not  
parabolic!

# Timing Significant Events

## 3. Semi-Predictable: Maxima of Cepheid Variables



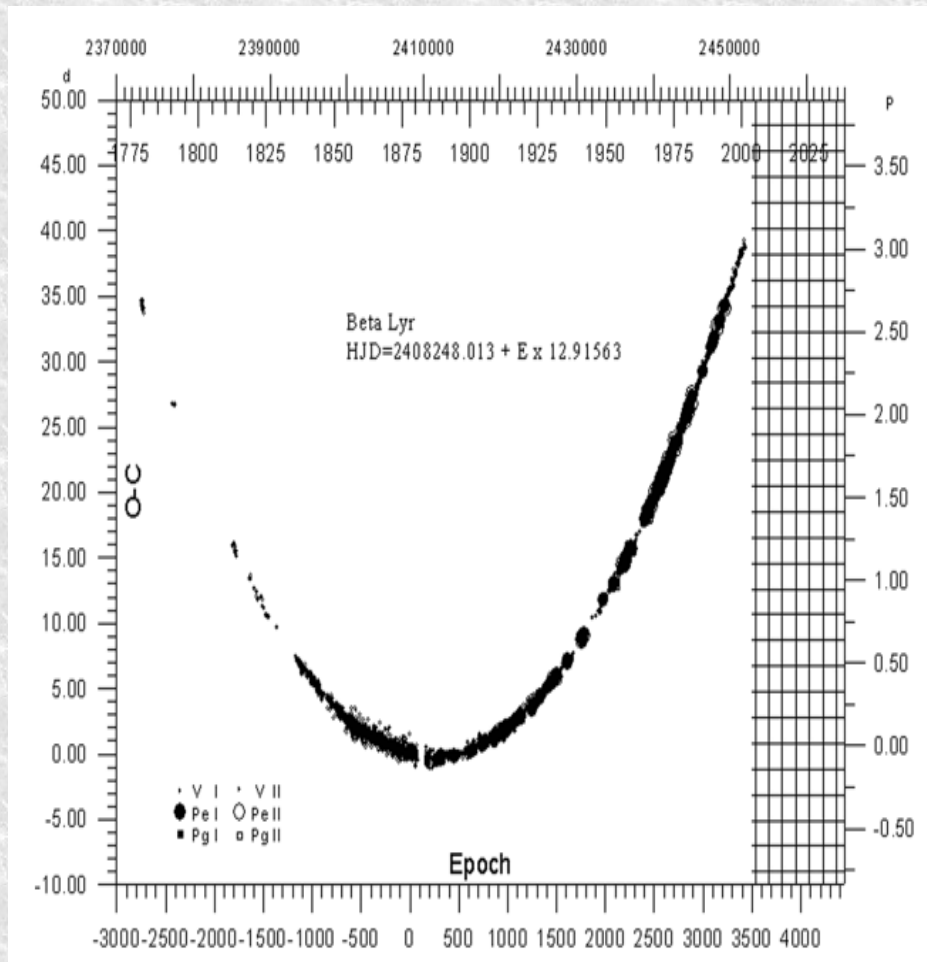
Malatesta 2002 September, AAVSO VSotS

- Cepheid variables:  
pulsating (1-100 days)  
yellow supergiants
- Used for determining  
distances, and the  
properties, structure, and  
evolution of the stars
- Even visual observations  
can reveal the period,  
and period change,  
especially with 200 years  
of data!



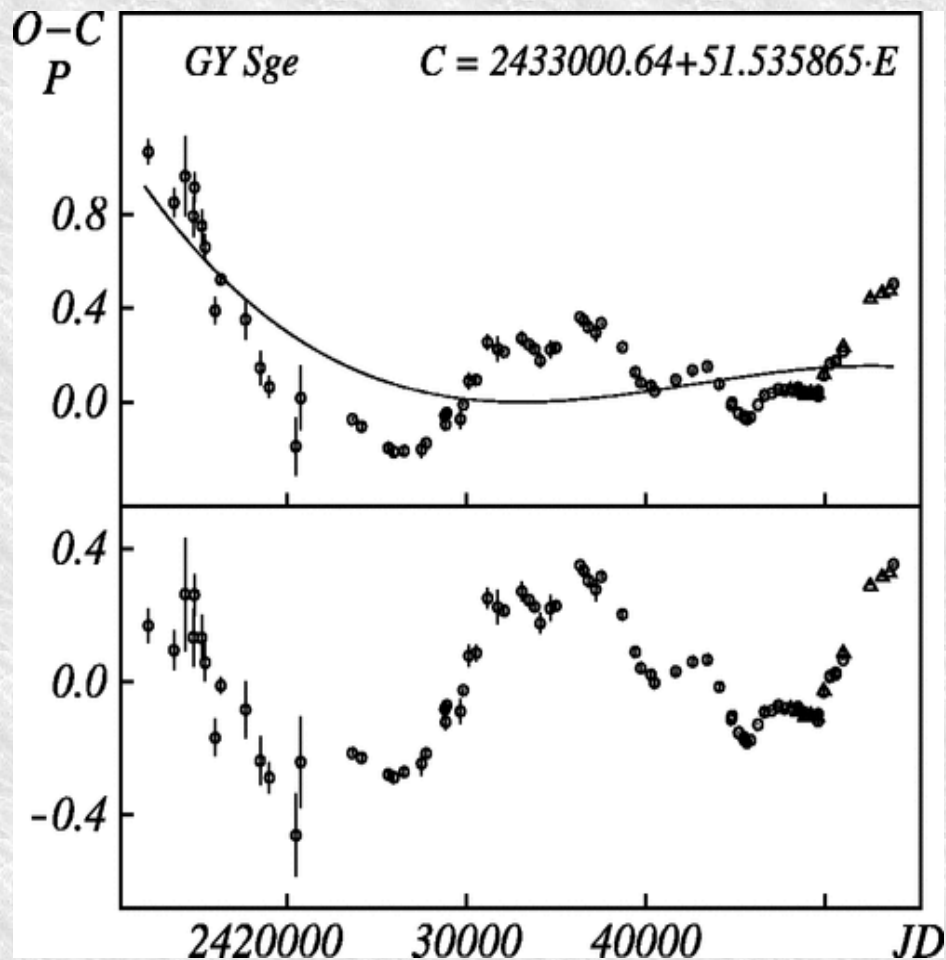
# Timing Significant Events

## 4. Semi-Predictable: Minima of Eclipsing Variables



- Beta Lyrae is perhaps the most bizarre of the thousands of known interacting close binary stars
- The period change reflects mass transfer and loss
- Further insight into this star is still needed!

# Period Changes: Systematic and Random

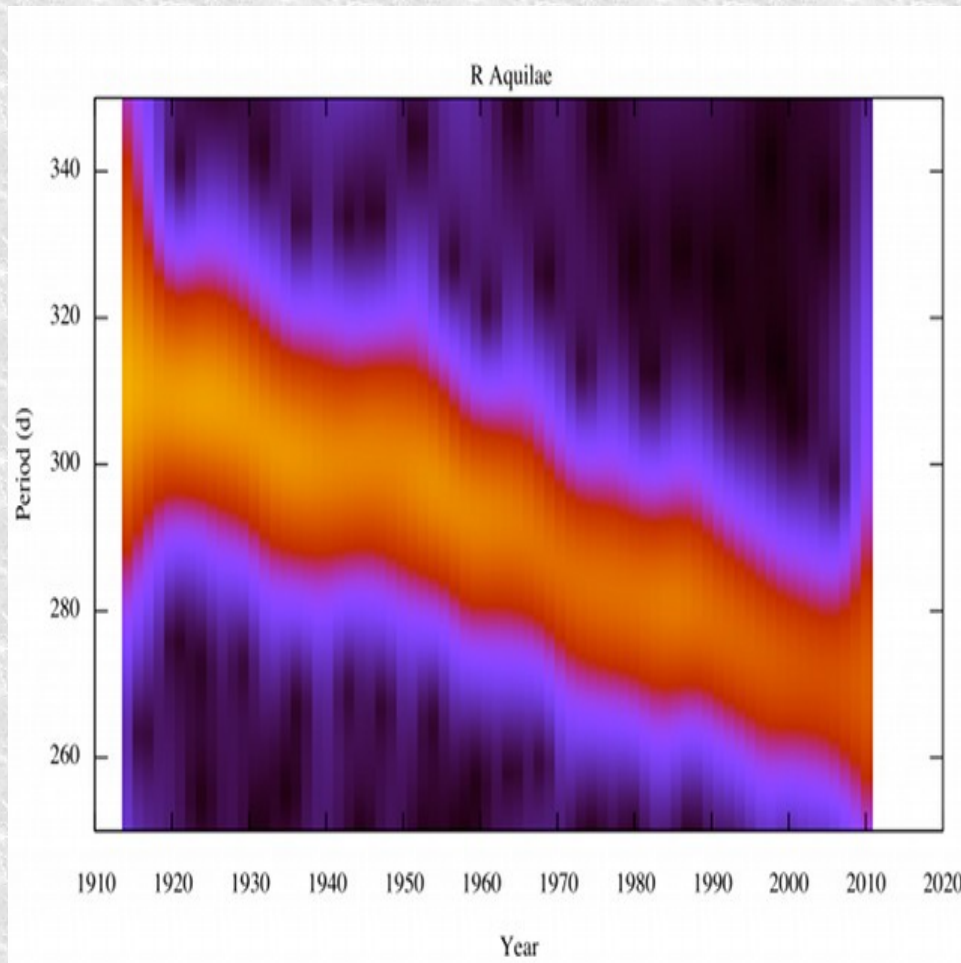


Berdnikov et al. 2007, PASP 119, 82;  
GY Sge is a classical Cepheid

- (O-C) diagrams are not always linear (constant period) or parabolic (constant rate of period change)
- “random walk” (O-C) diagrams reflect random cycle-to-cycle period fluctuations
- These are found in Mira, RV Tauri, and some Cepheid variables

# Period Changes

## True Period Changes in Mira Stars

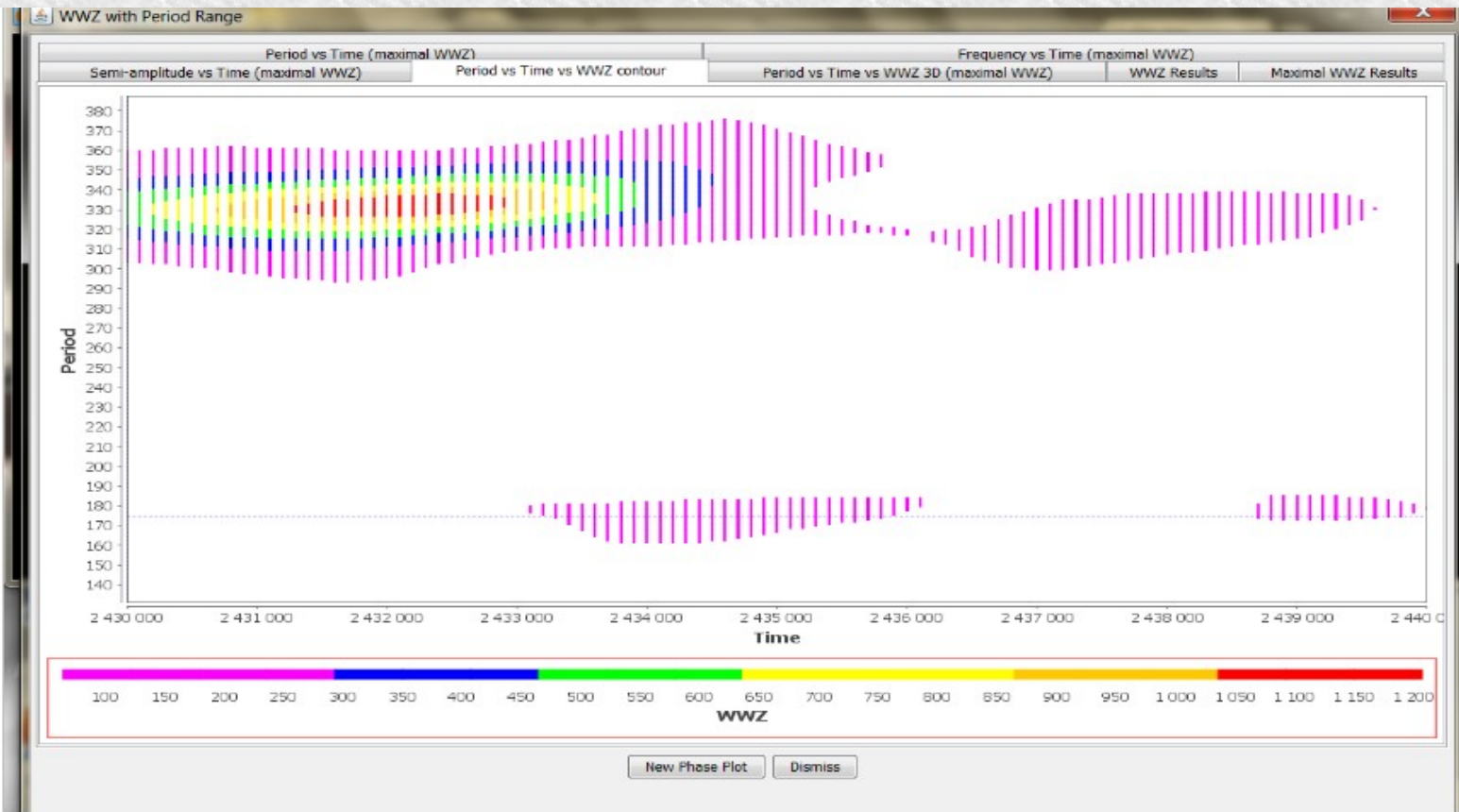


Templeton 2011 April, AAVSO VSotS

- The curvature of the (O-C) diagram is statistically too large to explain by random fluctuations
- This may reflect rapid evolution of the Mira star, such as a helium flash
- **Wavelet analysis** (left) can show this well

# VSTAR Software

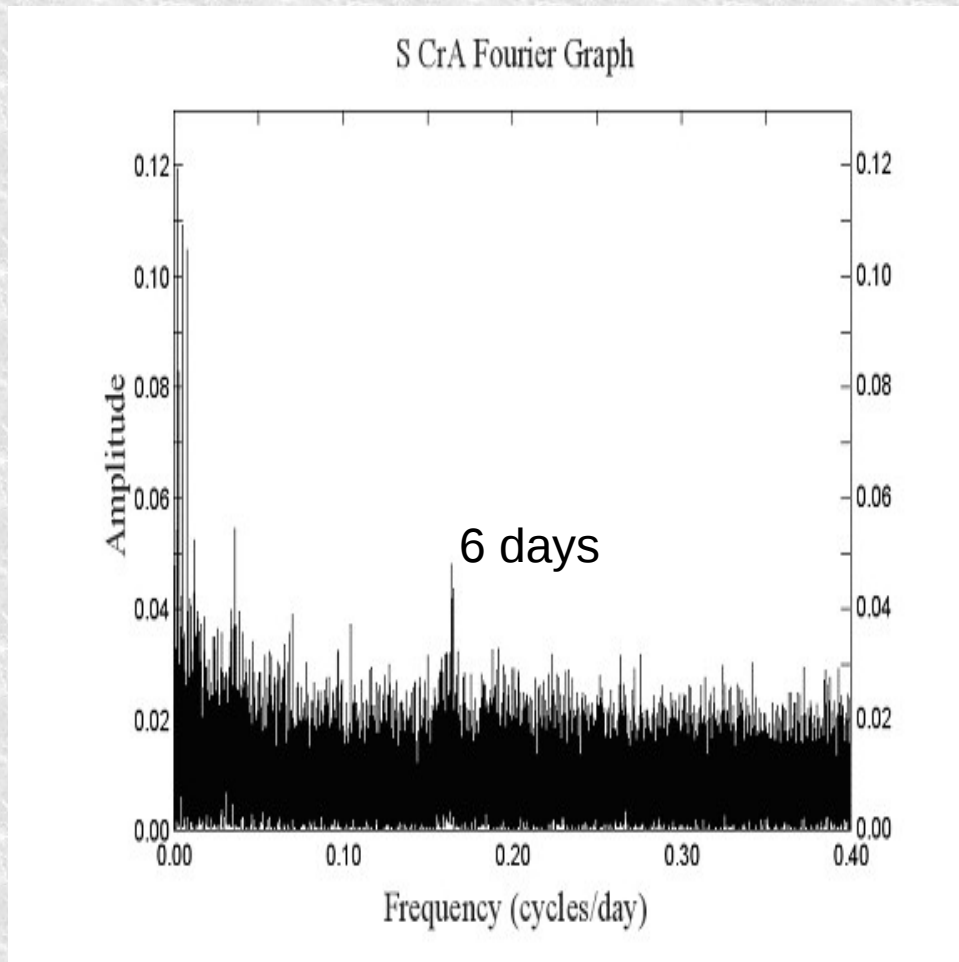
Fourier and wavelet analysis of pulsating red giant; other types of time-series analysis



Power versus period versus time for R Dor; [www.aavso.org/vstar-overview](http://www.aavso.org/vstar-overview)

# Beating Down the Error

## Coherent Periods in T Tauri Stars



- T Tauri stars: young, spotted, rotating sun-like stars; coherent rotational variability; period: days; amplitudes small
- AAVSO visual observations, thought to have little value
- **Danger: visual observations have small spurious one-year and one-month signals!**



# My Current Research

# My Current Research

Studies of pulsating red giants and supergiants, especially their long-term behaviour

Systematic, sustained data from the AAVSO database, spanning many decades

Time-series analysis using the AAVSO VSTAR package

Undergraduate students develop and integrate their science and math skills by doing real science with real data

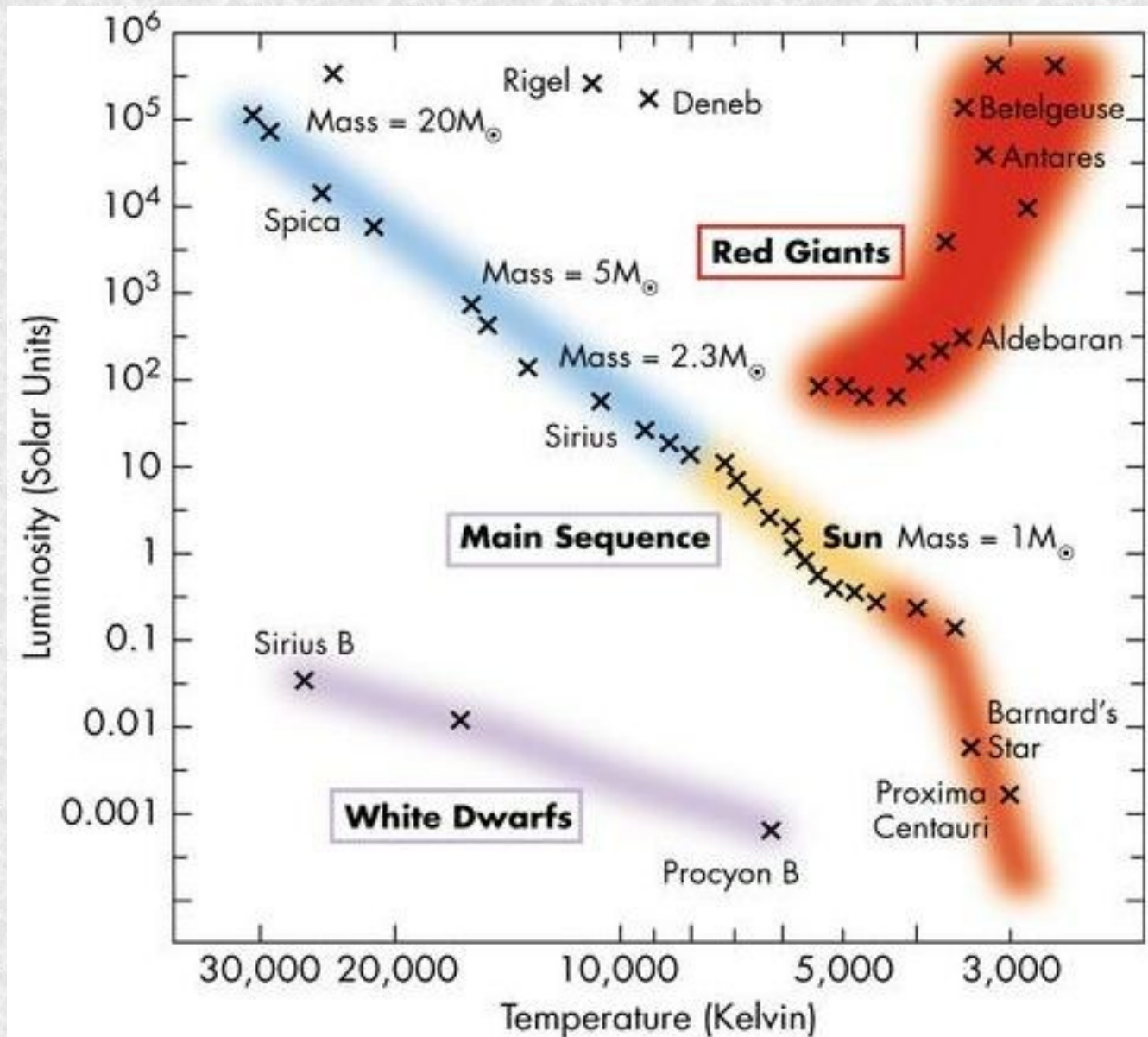
Results are published in the JAAVSO with students as co-authors; a win-win-win situation

# The Role of My Students



- Undergrads and outstanding senior HS students
- Enhance math, science, and computing skills
- Are motivated by doing real research, with real (AAVSO) data
- Results presented and published, contributing to science, and providing feedback and motivation to AAVSO observers

# Pulsating Red Giants (PRGs) and Supergiants (PRSGs)

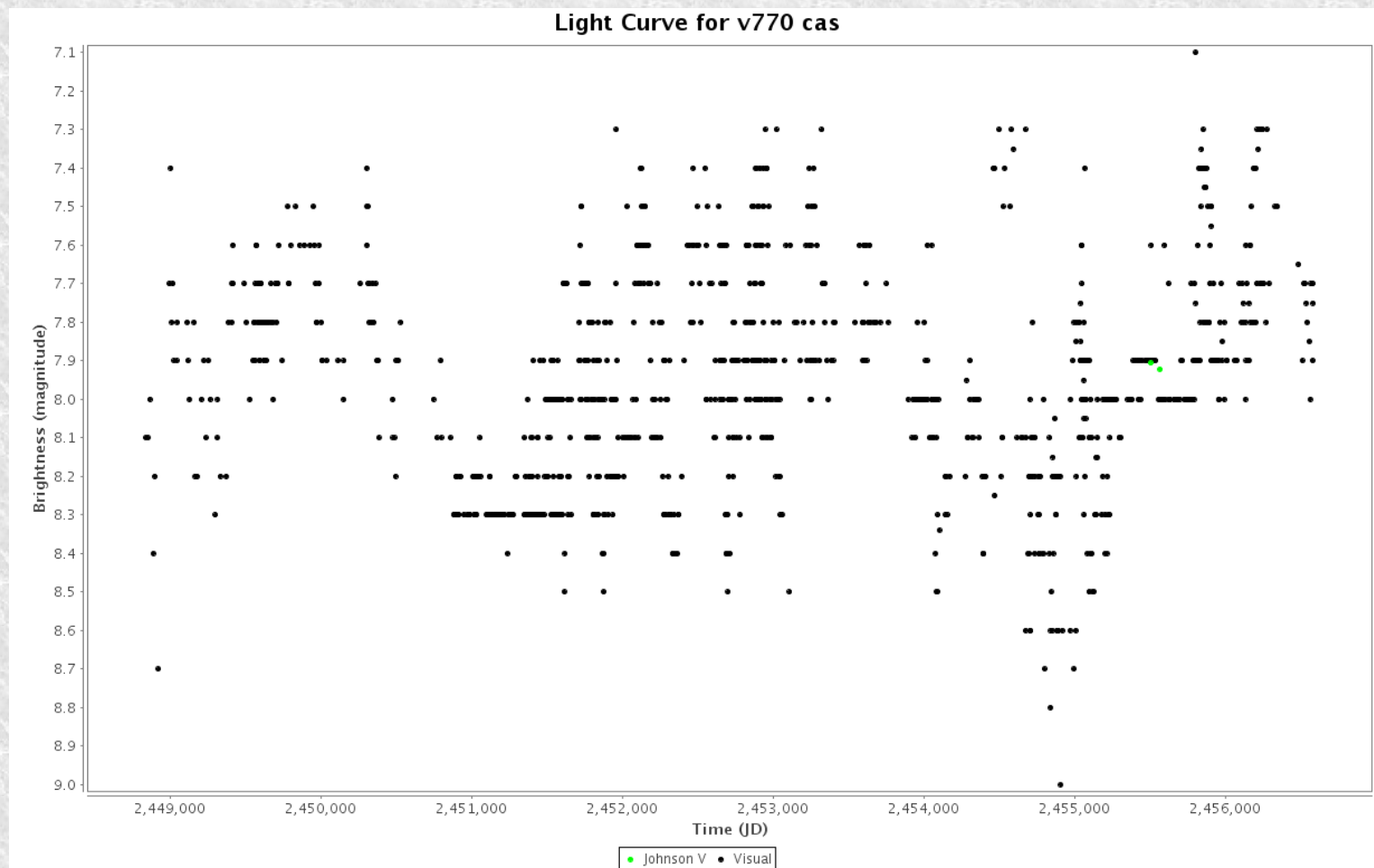


# The Nature of “Irregular” PRGs

Percy & Terziev 2011

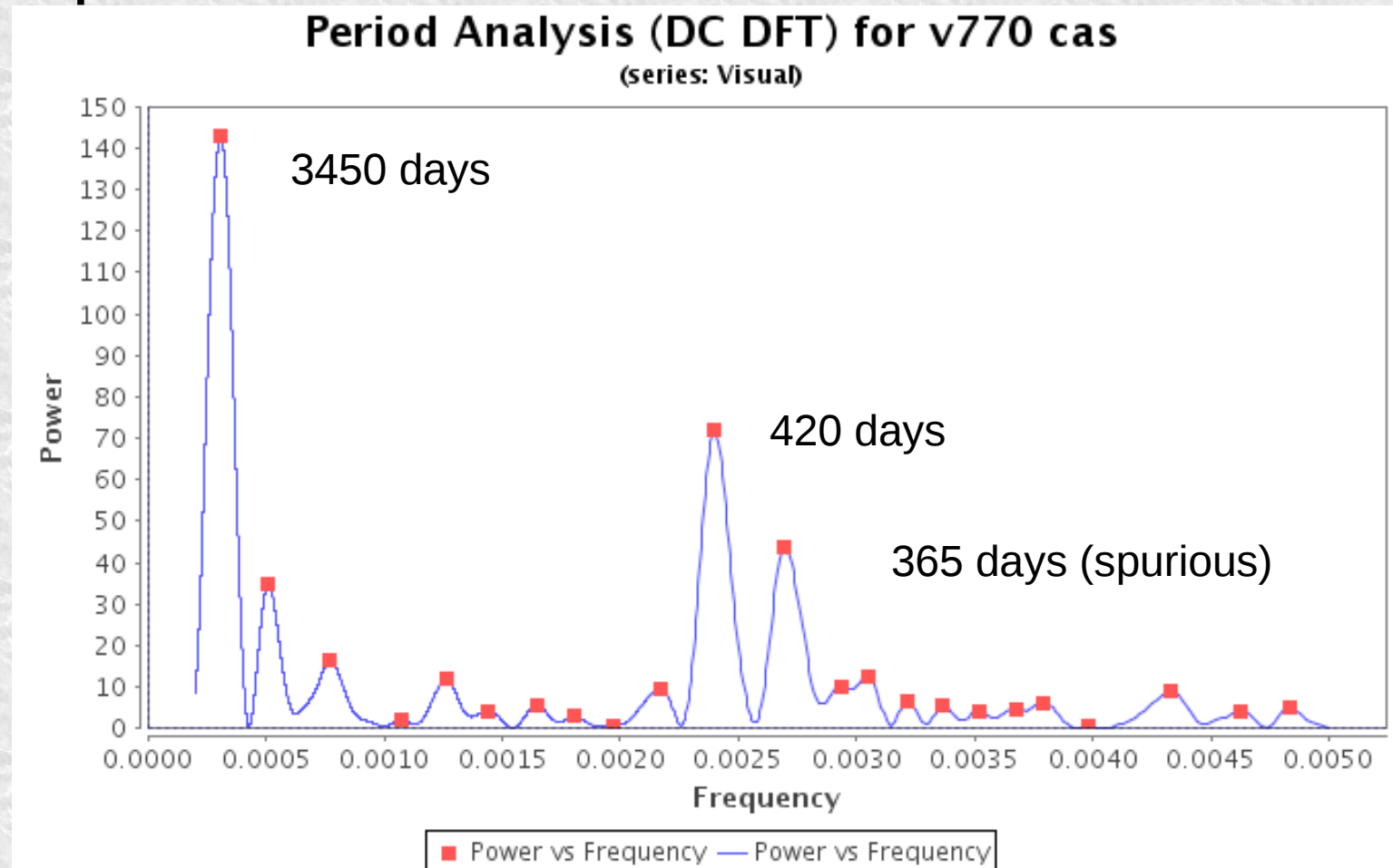
[www.aavso.org/ejaavso3911](http://www.aavso.org/ejaavso3911)

note the “long secondary period”





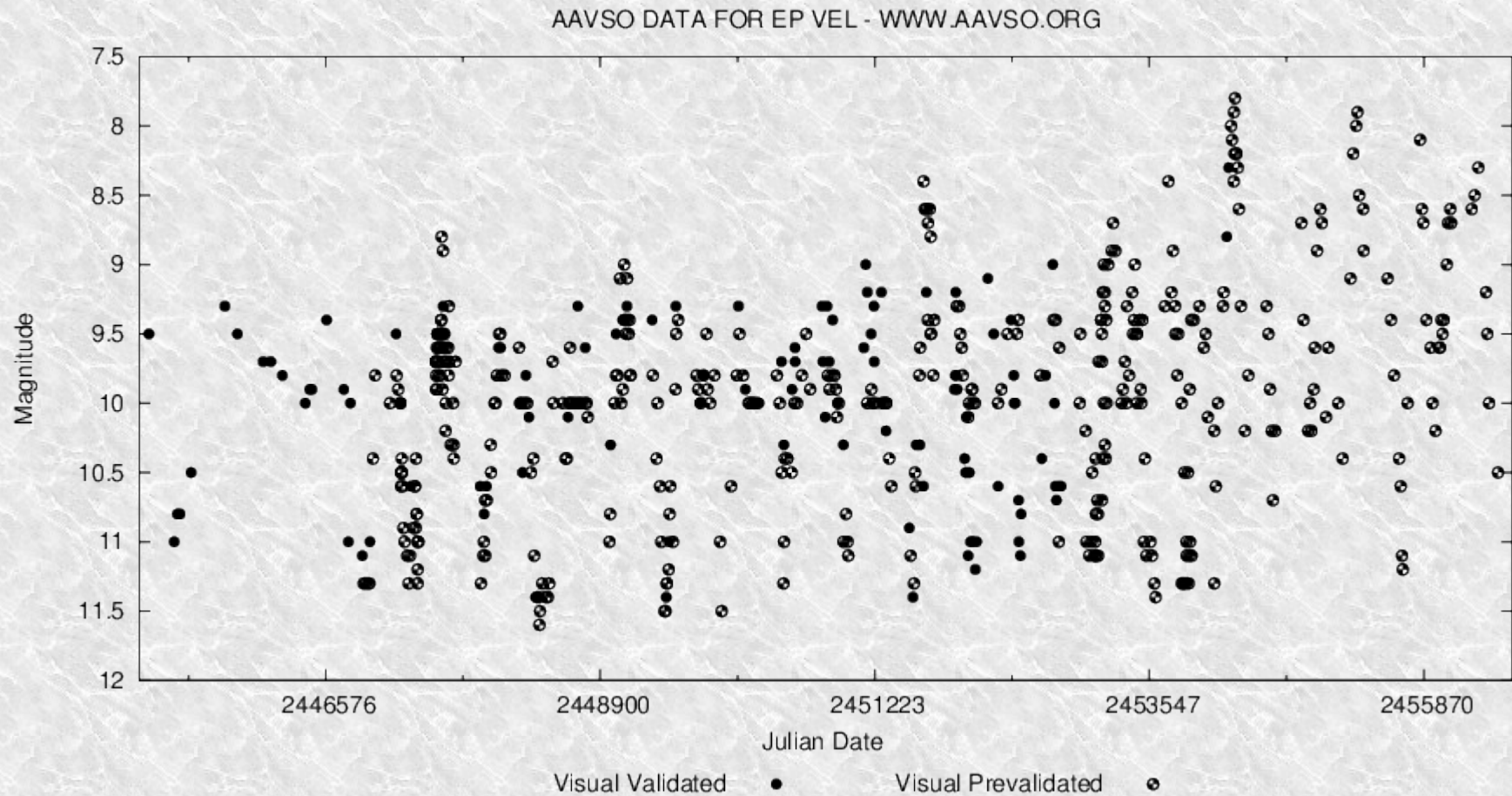
**V770 Cas Power Spectrum**, showing period of about 370 and possibly 3400 days: many “irregular” variables have one or more periods; two pieces of info is better than one, or none!



Frequency =  $1/\text{period}$

# Semi-Regular (SR) PRGs

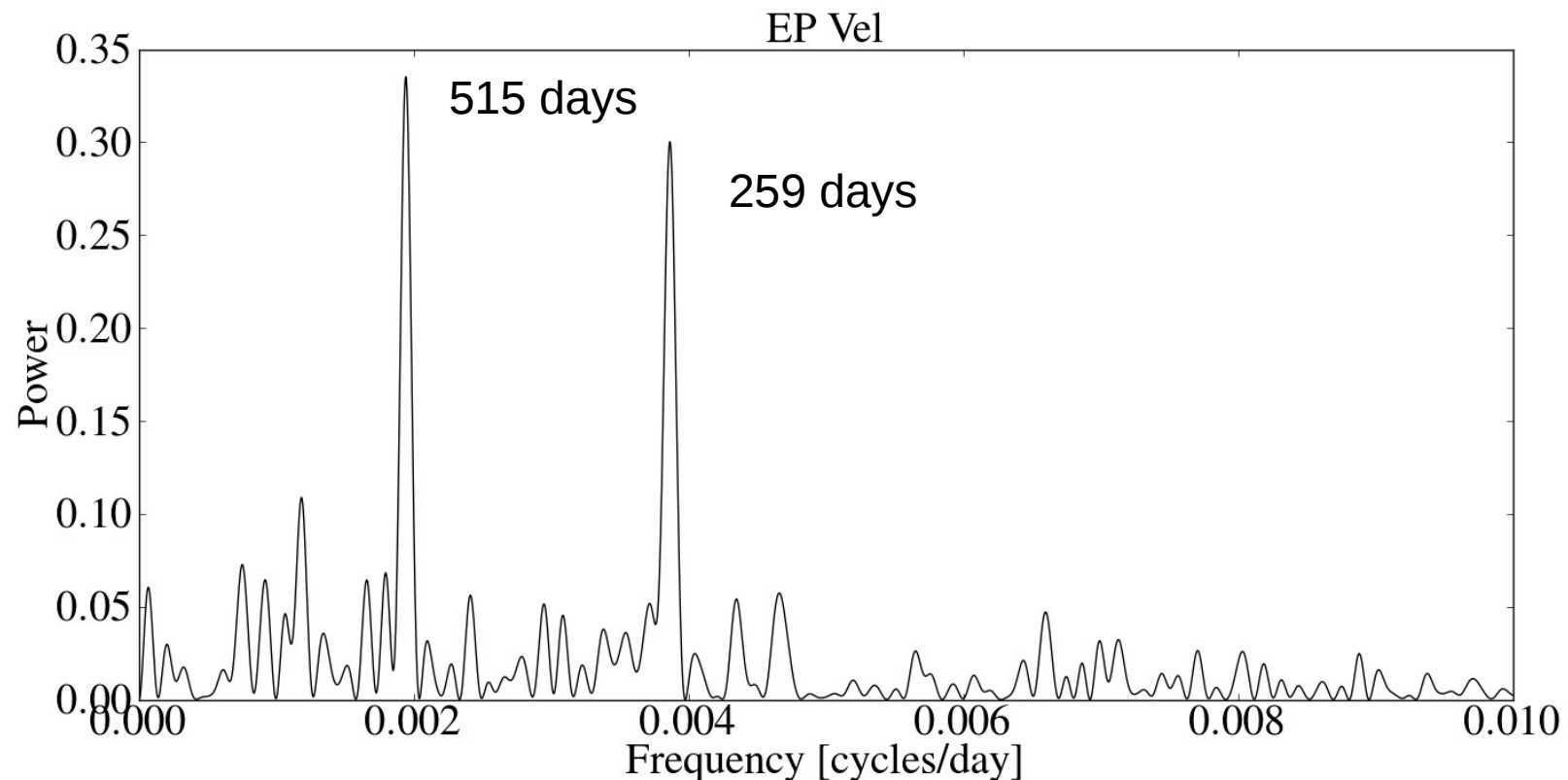
Percy & Tan 2013, [www.aavso.org/ejaavso411001](http://www.aavso.org/ejaavso411001)



# Semi-Regular (SR) PRGs

Percy & Tan 2013, [www.aavso.org/ejaavso411001](http://www.aavso.org/ejaavso411001)

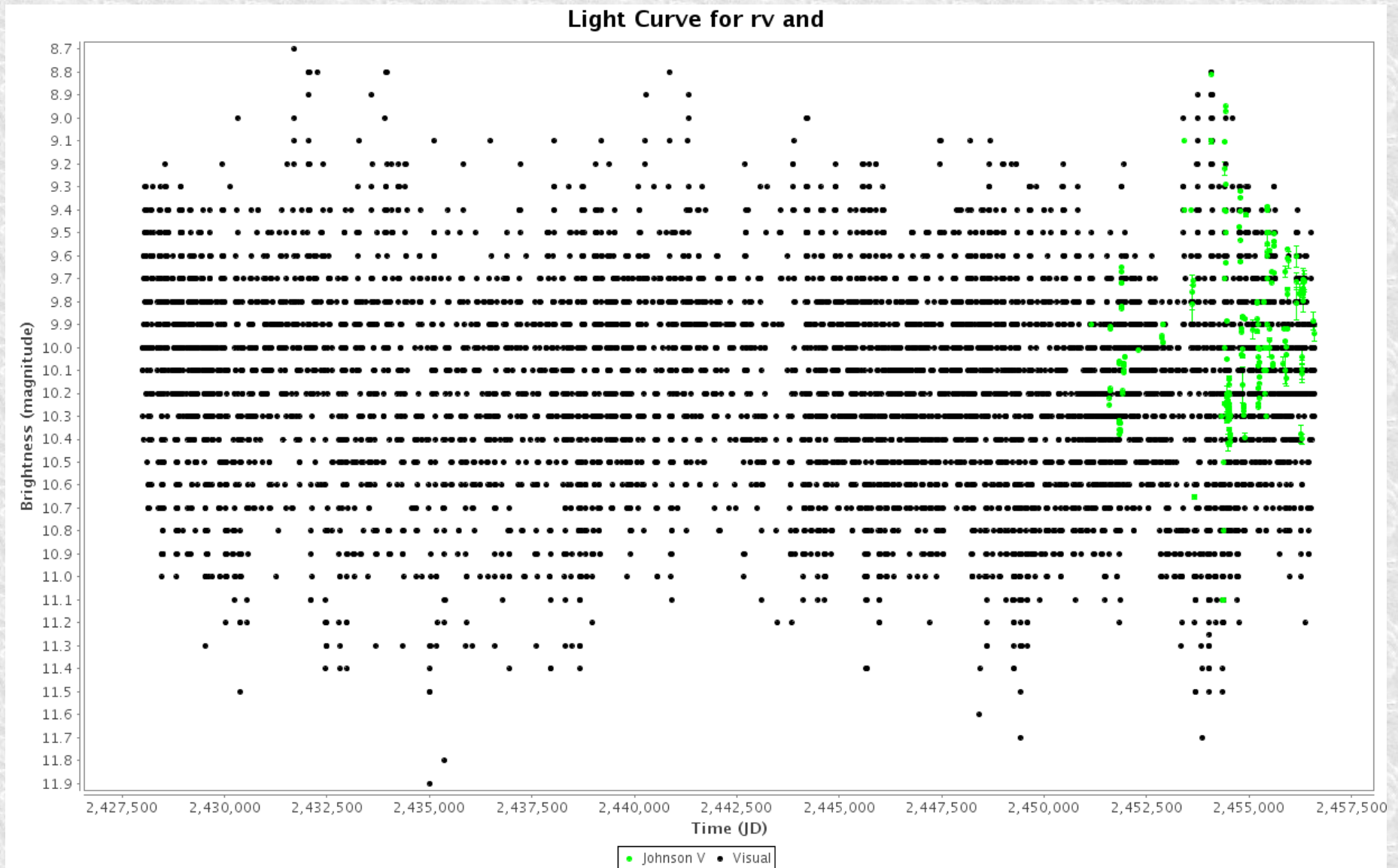
EP Vel, and many other SRs, pulsate in two modes; very useful! Twice as much info!



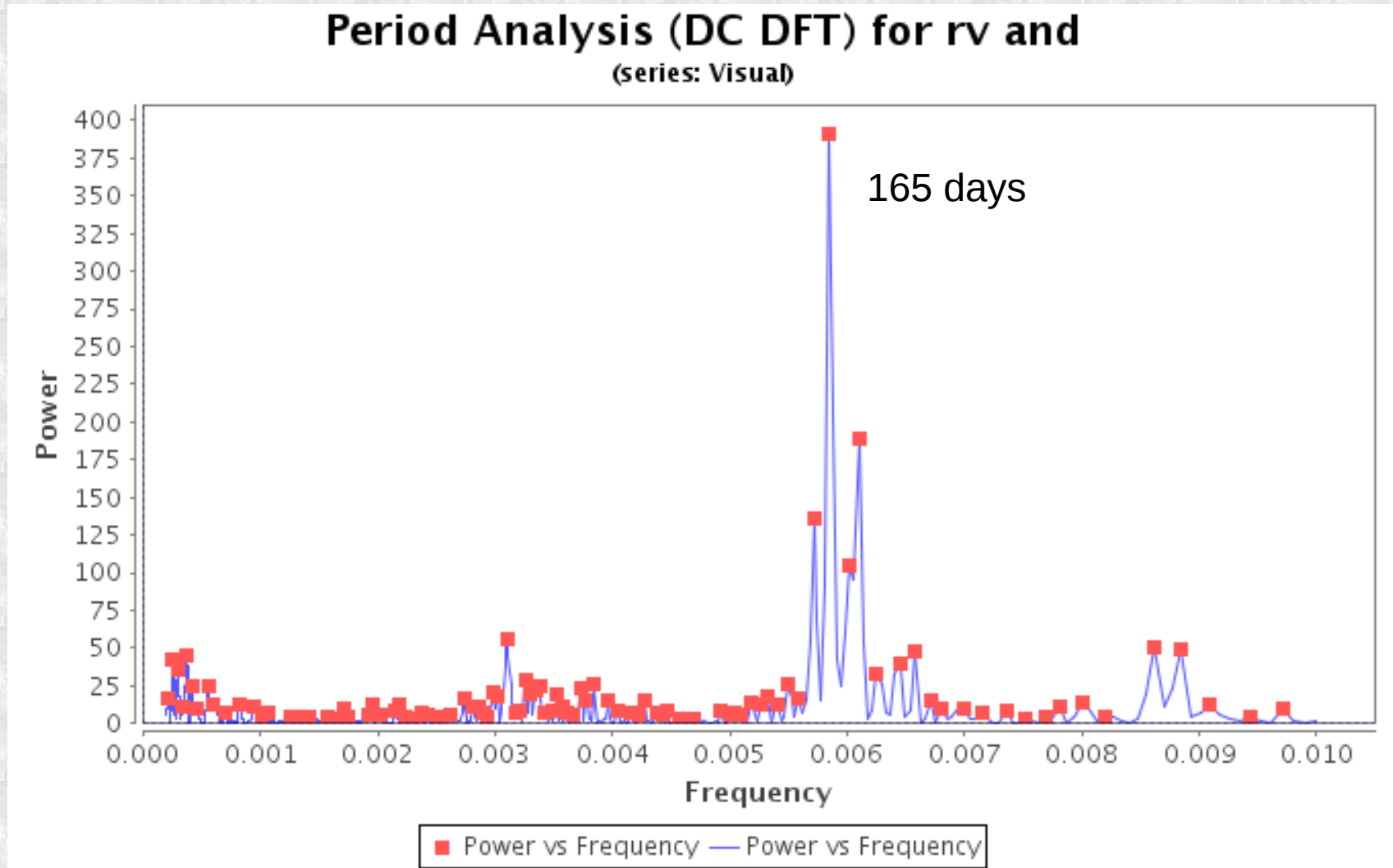
Frequency = 1/period

# Amplitude Variations in PRGs

Percy & Abachi 2013, [www.aavso.org/ejaavso243](http://www.aavso.org/ejaavso243)



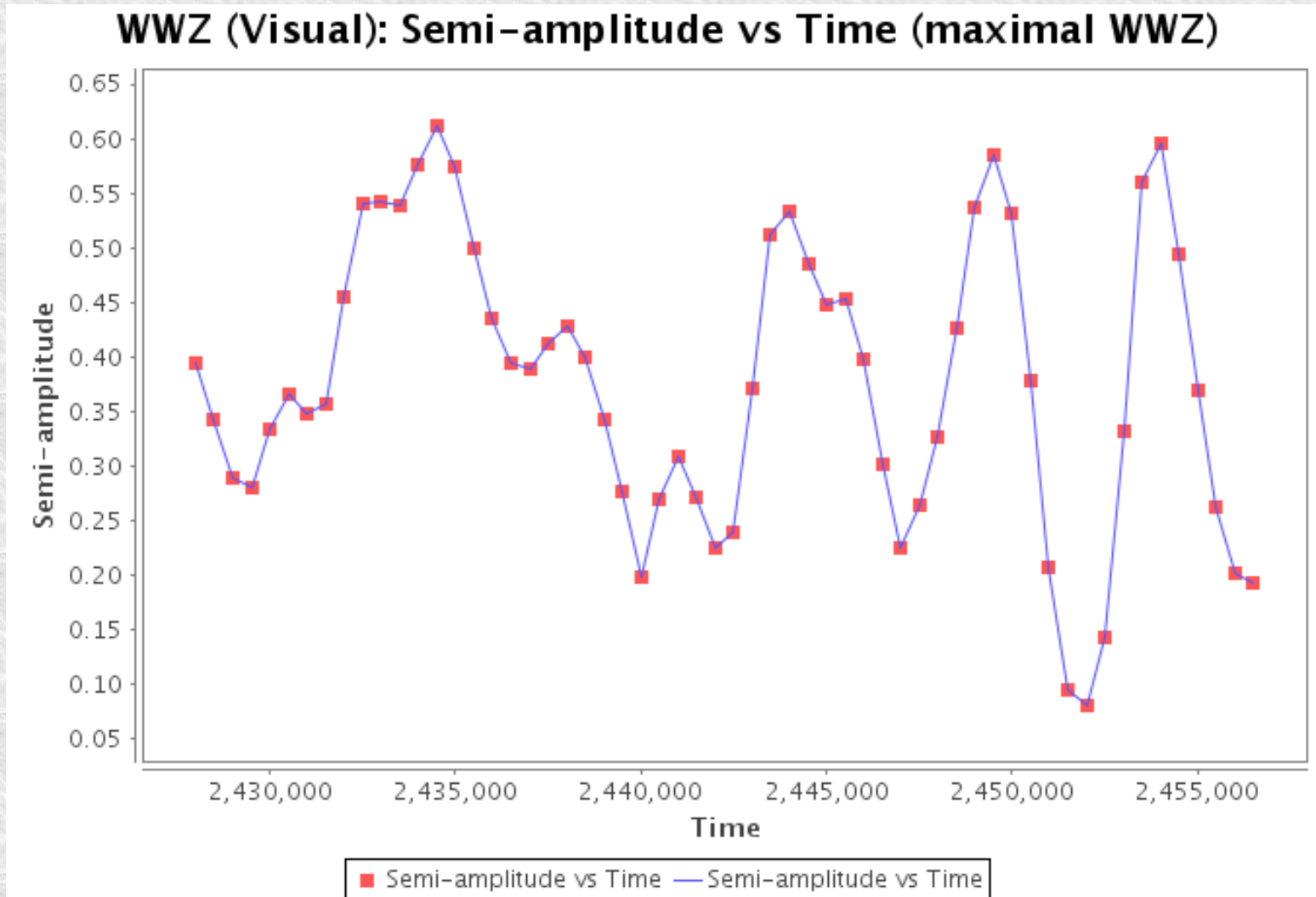
# RV And power spectrum analysis, showing 171-day period



Frequency = 1/period

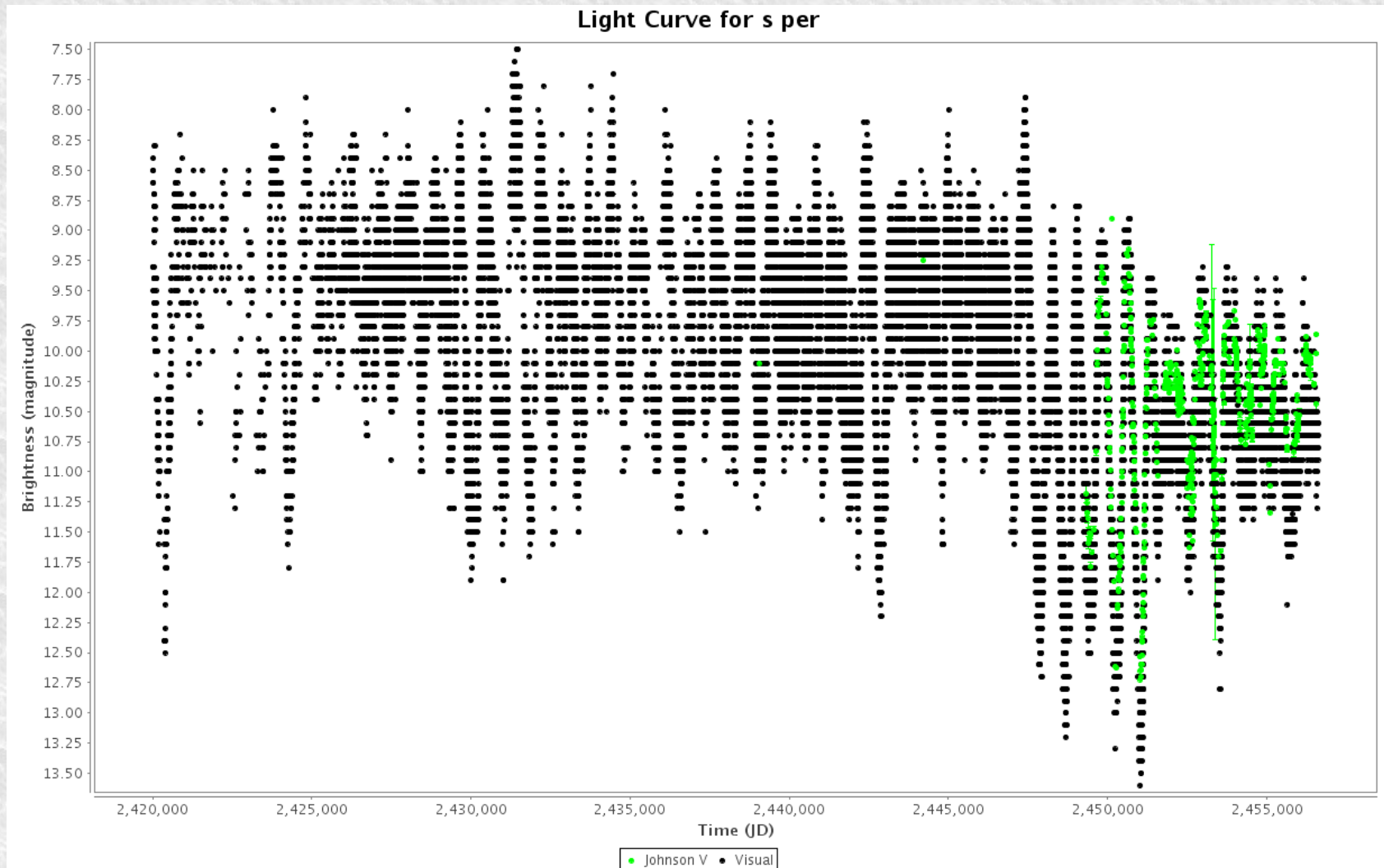


RV And: variation of pulsation amplitude with time; almost all pulsating red giants vary in amplitude; why?

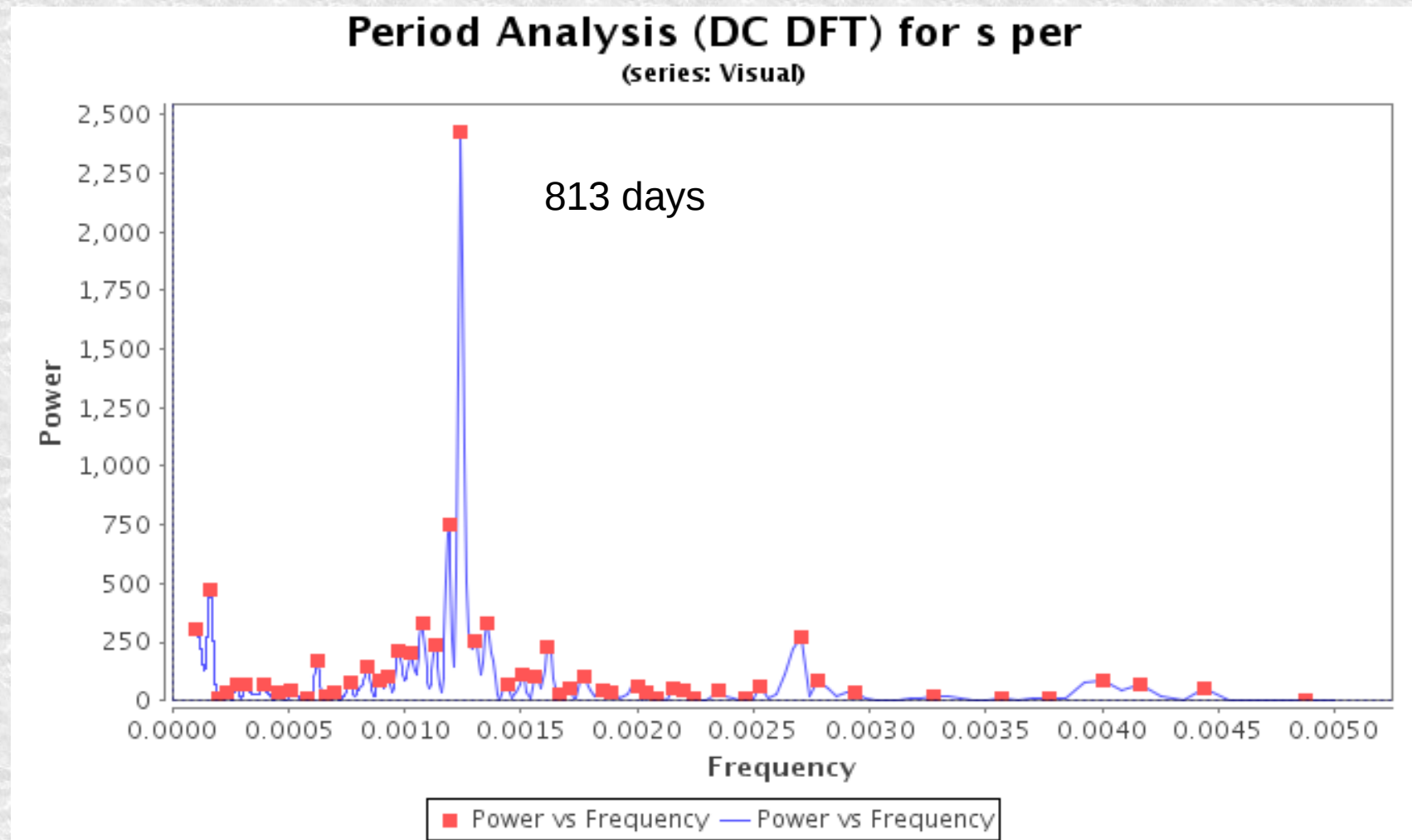


# Amplitude Variations in Pulsating Red Supergiants

Percy & Khatu 2013, [arxiv.org/abs/1310.6306](https://arxiv.org/abs/1310.6306)

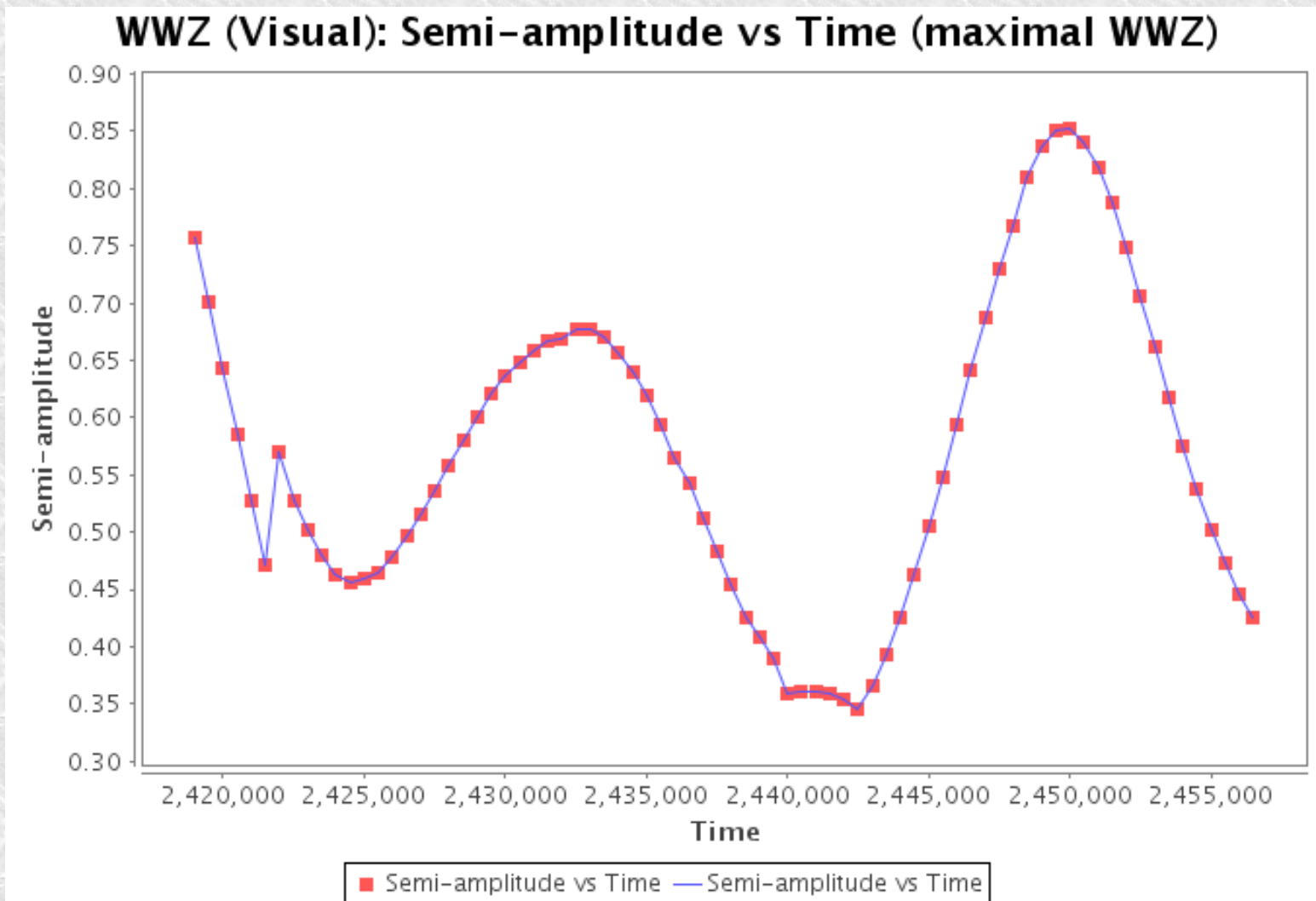


# S Per: power spectrum analysis, showing 813-day period

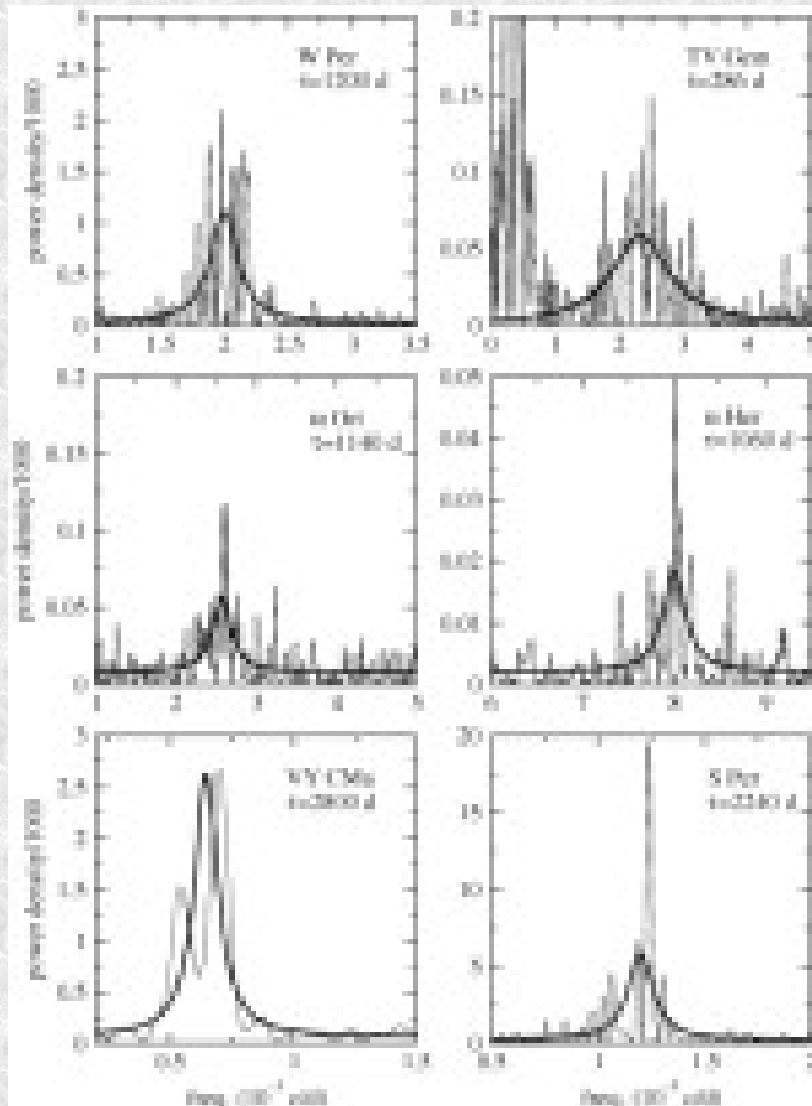


Frequency = 1/period

S Per: pulsation amplitude versus time;  
amplitude varies in this and other  
pulsating red supergiants; why?



# Pulsating Red Supergiants: A Clue

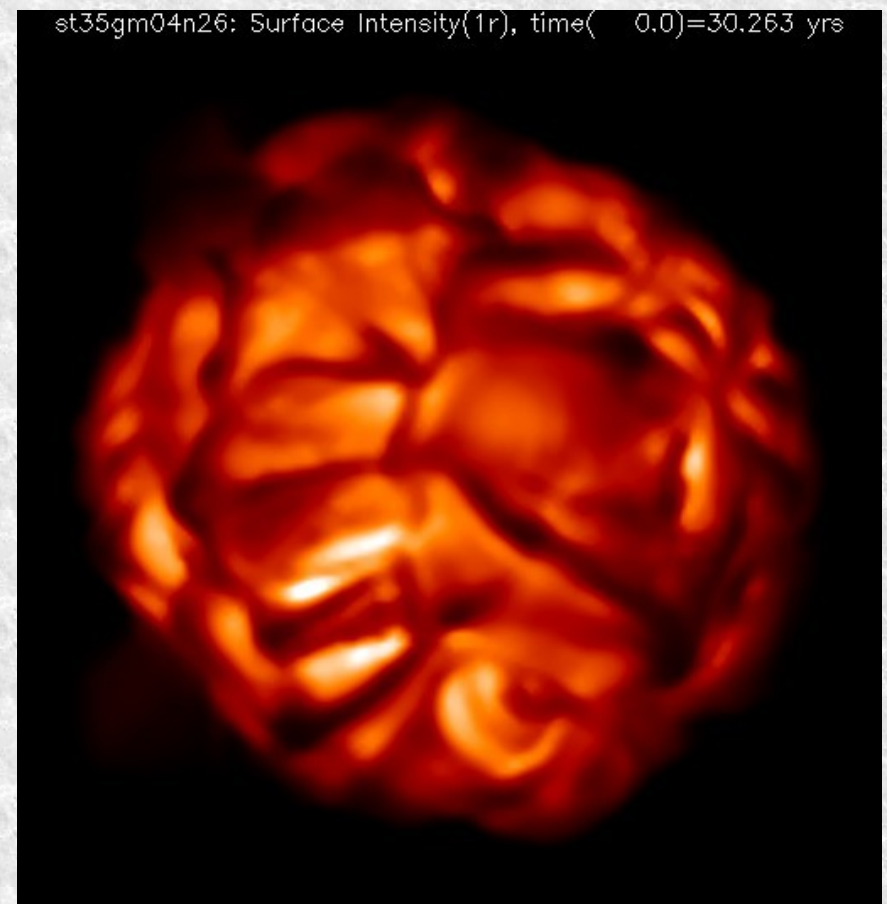
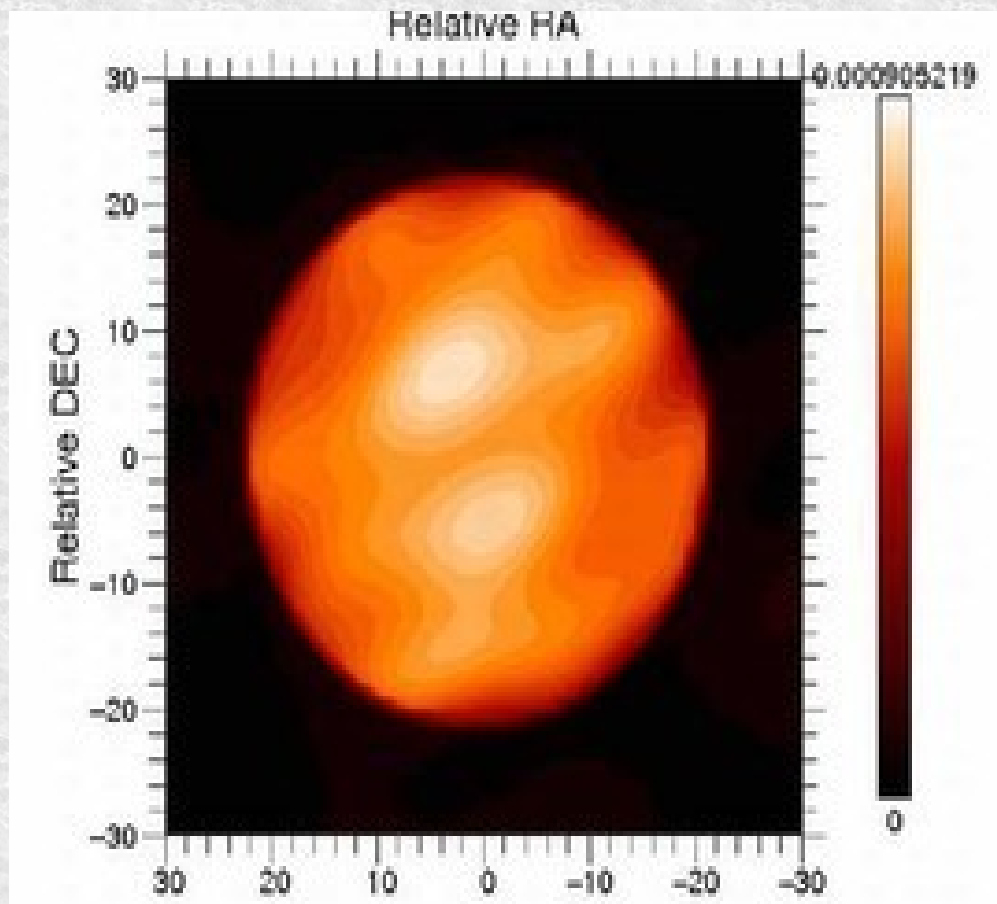


- The detailed power spectrum shows multiple peaks under a Lorentzian envelope
- This is interpreted as evidence for stochastic oscillations, caused by interplay between convection and pulsation
- We may be seeing their growth and decay



# Betelgeuse

Image (left); model (right): red supergiants have deep convection zones; huge convective cells; non-uniform!



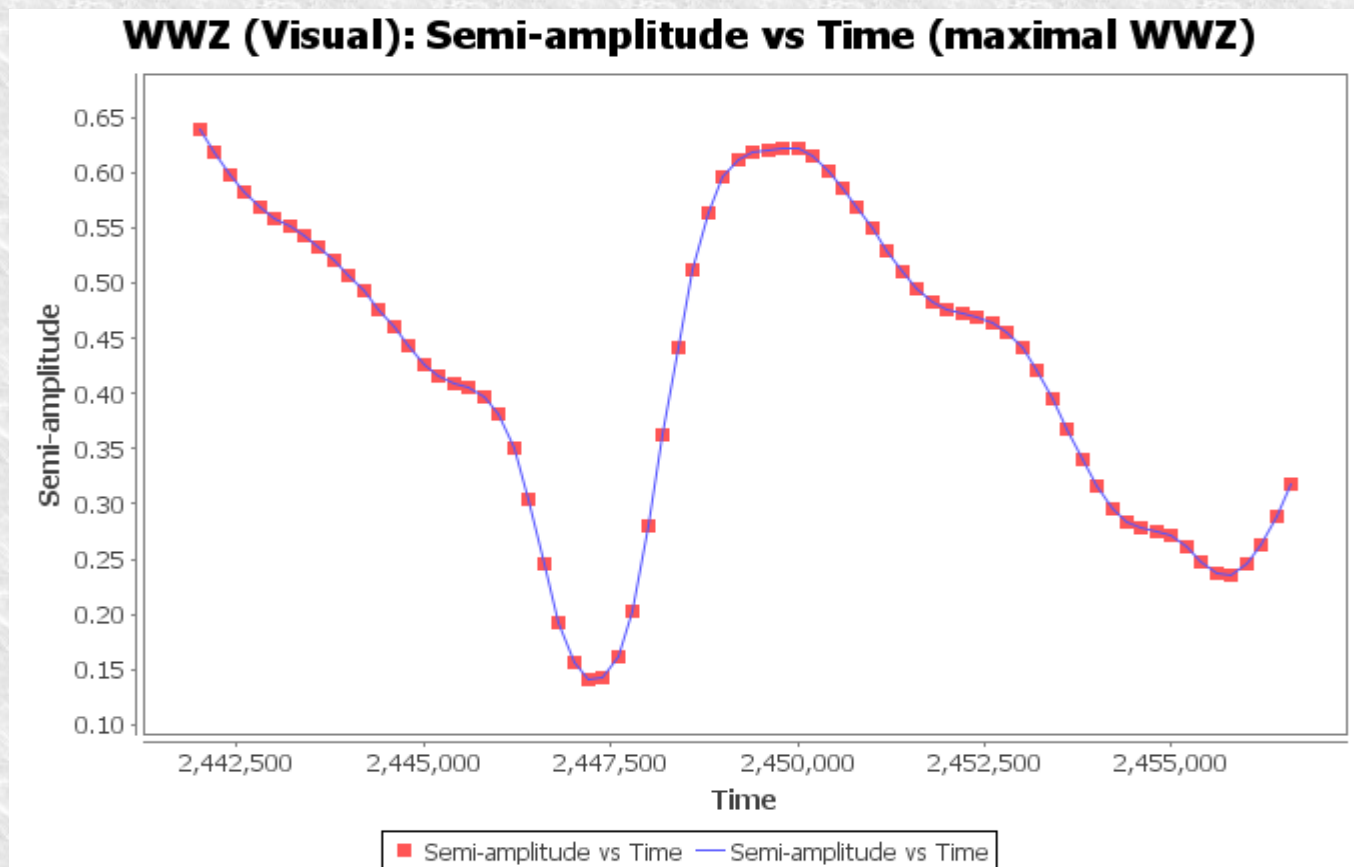
# Current Projects 2013-2014

1. Some pulsating red giants pulsate in both the fundamental and first overtone mode. Do any also pulsate in the second overtone? **In progress**
2. Do yellow supergiants such as RV Tauri stars and SRd stars vary in pulsation amplitude? **Yes!**
3. Following on Galileo: if the pulsation amplitude increases, does the pulsation period increase also? **It seems to, in many cases**

# DE Her, Yellow Semi-regular (SRd) Variable

## Amplitude as a function of time

### Results by Rufina Kim (2014)



# Reflections

- Despite decades of dire predictions, visual observation is not dead
- There is a steady stream of research papers, using visual data
- For many applications, including period determination and study of long-term variability, the longer the dataset, the more secure the results
- To reiterate: AAVSO visual observations are numerous, sustained, and standardized

# Rewards of Variable Star Observing

- Contributing to science/astronomy – including forefront astronomy; seeing your name in the AAVSO database, or on a paper
- Knowing that your work also contributes to education; being able to share your knowledge and work with others
- Constantly learning about astronomy, variable stars, and observing techniques, from sources such as AAVSO
- Being part of an international community of “kindred spirits”, including those who have gone before us
- Being in touch with the universe



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# Resources for VSOers

